

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

0446 '96 JUN 23 P2:18

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley B Complex with Vitamin C Product #43663** bearing the statement set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **B Complex with Vitamin C** is as follows:

- (Statement 1) Stress Complex -- Stress B-complex with Vitamin C for the body's normal energy, metabolism and nervous system functions.

- (Statement 2)

- (Statement 3)

- (Statement 4)

- (Statement 5)

- (Statement 6)

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 199 8.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: 
DR. LUKE R. BUCCI
Vice President of Research

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: B-Complex w/C ^{96 JUN 23 P2:18}

DATE: May 15, 1998
Document Name: sf10bcom.wpd

BY: Luke R. Bucci, PhD

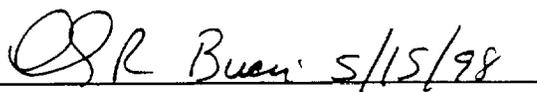
BRAND, CODE # & PRODUCT NAME(S): Spring Valley 43663 B Complex with Vitamin C (60t)

NUTRIENT AMOUNT: See label listing; 500mg Vitamin C; Vit. E: 30IU; B1, B2: 10mg; B3: 100mg; B6: 5mg; Folate: 400mcg; B12: 12mcg; Biotin: 45mcg; Pantothenate: 20mg

STRUCTURE/FUNCTION CLAIM:

Stress Complex

Stress B-complex with vitamin C is essential for the body's normal energy, metabolism and nervous system functions.

 LR Bucci 5/15/98

Approved by / Date

REFERENCES:

1. Machlin LJ. Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.
3. Jacob RA. Vitamin C, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 432-448.
4. Englard S, Seifter S. The biochemical functions of ascorbic acid. *Ann Rev Nutr* 1986; 6: 365-406.
5. Bender DA. Vitamin C, in *Nutritional Biochemistry of the Vitamins*, Cambridge University Press, Cambridge, 1992, 360-393.
6. Skelton WP, Skelton NK. Deficiency of vitamins A, B and C: something to watch for, *Postgraduate Med* 1990; 87(4): 293-310.