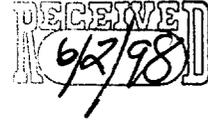


GNC Live Well.

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May 28, 1998



Ms. Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W. (HFS-450)
Washington, DC 20204

Dear Dr. Kahl:

Pursuant to section 403(r)(6) of the Dietary supplement Health and Education Act of 1994 ("DSHEA"), General Nutrition Corporation, located at 300 Sixth Avenue, Pittsburgh, Pennsylvania 15222 ("GNC"), hereby notifies the Food and Drug Administration that it is marketing dietary supplements that bear a nutritional support statement on their labels. Enclosed please find a listing of the products and their statements of nutritional support.

As required, the product labels contain the disclaimer that this statement has not been evaluated by the Food and Drug Administration and that the product is not intended to diagnose, treat, cure, or prevent any disease. Two (2) copies of this notification are enclosed for your convenience.

On behalf of GNC, I hereby certify that the information contained in this notice is complete and accurate and that GNC has substantiation that the statements are truthful and not misleading.

Very truly yours,

A handwritten signature in black ink that reads "John P. Troup". The signature is written in a cursive style.

John P. Troup
Vice President
Scientific Affairs

JPT:mo
Enclosures

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FDA NOTIFICATION TRACKING FORM FOR STRUCTURE FUNCTION STATEMENT
(updated: 5-28-98)

DESCRIPTION	DATE FILED	STRUCTURE FUNCTION STATEMENT
ACIDOPHILUS		
NNW Cleansing Formula Dietary Supplement	5/28/98	Acidophilus organisms help maintain a healthy digestive tract.

ALPHA-LIPOIC ACID		
NNW Chol-x Formula	5/28/98	alpha-Lipoic Acid helps maintain the function of the cardiovascular system and acts as a protective antioxidant.

B-VITAMINS		
GNC LvR Program	5/28/98	B-vitamins help support the metabolic process.
GNC Women's Vita Pak	5/28/98	B-vitamins are essential for carbohydrate metabolism and energy production.

CALCIUM AND MAGNESIUM		
GNC Women's Vita Pak	5/28/98	Calcium and Magnesium are essential for building teeth and bones.

CAYENNE		
NNW Cayenne	5/28/98	Cayenne provides dietary support for healthy digestive function.

CITRUS FIBER		
NNW Chol-x Formula	5/28/98	Citrus Fiber (as citrus pectin), provides dietary support for healthy cholesterol levels.

COPPER		
GNC Copper	5/28/98	Copper is involved in red blood cell formation.

CREATINE		
Challenge Creatine Monohydrate	5/28/98	Challenge chewable Creatine tablets provide support for immediate energy production for high intensity workouts and is involved in energy production in skeletal muscle.

DHA		
NNW DHA	5/28/98	DHA is important for visual function and neuronal integrity.

EFA (ESSENTIAL FATTY ACIDS)		
NNW EFA Formula	5/28/98	These EFAs contain Omega-3 Fatty Acids, DHA and EPA, which provide dietary support for a healthy cardiovascular and nervous system.

FISH BODY OILS (EPA & DHA)		
GNC LvR Program	5/28/98	Fish body oils (EPA & DHA) to help support the cardiovascular system.

FOLIC ACID		
GNC Women's Vita Pak	5/28/98	Folic Acid may play a role in the maintenance of normal homocysteine levels.

GLUCOSAMINE AND CHONDROITIN		
NNW Arth Formula	5/28/98	Glucosamine & Chondroitin support healthy joints and bones.

GLUTHIONE		
Pro Performance Whey Protein Concentrate	5/28/98	Gluthione is a natural antioxidant which may support the immune system during intense exercise.

IRON		
GNC Women's Vita Pak	5/28/98	Iron is essential to building blood and transporting oxygen.

LECITHIN		
GNC LvR Program	5/28/98	Lecithin may help the body emulsify fat.

MILK THISTLE		
GNC LvR Program	5/28/98	Milk Thistle supports healthy liver function.

PSYLLIUM		
NNW Cleansing Formula Dietary Supplement	5/28/98	Psyllium helps maintain a healthy digestive tract.

SAW PALMETTO		
GNC Men's Prosta-Form	5/28/98	Vitamin E and Saw Palmetto support normal prostate function.

SELENIUM		
NNW Cell Formula	5/28/98	Selenium supports the antioxidant activity of Vitamin E.
NNW Chol-x Formula	5/28/98	Selenium helps maintain the function of the cardiovascular system and acts as a protective antioxidant.

VANADYL SULFATE		
NNW Vanadyl Sulfate	5/28/98	Vanadyl Sulfate may have a positive effect on glucose metabolism.

VITAMIN A		
GNC Women's Vita Pak	5/28/98	Vitamin A is essential for normal vision.

VITAMIN B-6		
GNC Women's Vita Pak	5/28/98	Vitamins B-6 and B-12 may play a role in the maintenance of normal homocysteine levels.

VITAMIN C		
GNC Women's Vita Pak	5/28/98	Vitamin C is essential for healthy bones, teeth, blood vessels and collagen.
NNW Vitamin C Protector Antioxidant	5/28/98	Vitamin C is essential for healthy bones, teeth, blood vessels and collagen.
NNW Arth Formula	5/28/98	Vitamin C is essential for healthy bones, teeth, blood vessels and collagen.
NNW Cell Formula	5/28/98	Vitamin C helps protect cells against free radical damage.

VITAMIN D		
GNC Women's Vita Pak	5/28/98	Vitamin D is necessary for healthy teeth and bones.

VITAMIN E		
GNC Women's Vita Pak	5/28/98	Vitamin E helps maintain the proper function of the cardiovascular system.
GNC Men's Prosta-Form	5/28/98	Vitamin E and Saw Palmetto support normal prostate function.
		Vitamin E provides dietary support which may help improve prostate health.
NNW Chol-x Formula	5/28/98	Vitamin E helps maintain the function of the cardiovascular system and acts as a protective antioxidant.