

**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA**

RECEIVED  
3/31/98

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In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® High Potency MegaStress with Vitamin C Product #10140 and #10142** bearing the statements set out below:

**Weider Nutrition International, Inc.  
2002 South 5070 West  
Salt Lake City, Utah 84104**

The text of each structure-function claim for **Vitamin C, B Vitamins, PABA, Choline and Inositol** is as follows:

**(Statement 1)** A high potency B-complex vitamin with Vitamin C is designed to support adrenal gland **function**. B vitamins assist in the release of energy **from** goods and Vitamin C aide in the production of adrenal hormones.

**(Statement 2)**

**(Statement 3)**

I, Luke R. Bucci, Ph. D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to **certify** this Notification of behalf of the Company. I **certify** that the information presented and contained in this Notification is complete and accurate and that the **Office of Regulatory Affairs** at Weider Nutrition International, Inc. has substantiation that each statement is **truthful** and not misleading.

DATED this 25th day of March, 199 8

WEIDER NUTRITION INTERNATIONAL, INC.

BY: DR. LUKE R. BUCCI  
DR. LUKE R. BUCCI  
Vice President of Research

## **STRUCTURE / FUNCTION CLAIMS**

### NUTRIENT: B-Complex w/C

DATE: March 5, 1998  
Document Name: sf08bcom.wpd

BY: Luke R. Bucci, PhD

BRAND, CODE # & PRODUCT NAME(S): 10140, 10142 High Potency MegaStress w/C  
(60 sg/tabs)

NUTRIENT AMOUNT: See label listing; 500mg Vitamin C, 50 mg/mcg most B Vitamins,  
PABA, Choline, Inositol

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#### STRUCTURE/FUNCTION CLAIM:

A high potency B-complex vitamin with Vitamin C is designed to support adrenal gland function. B vitamins assist in the release of energy from foods and Vitamin C aids in the production of adrenal hormones.

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 3/5/98

Approved by/ Date

#### REFERENCES:

1. Machlin LJ. Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.
3. Jacob RA. Vitamin C, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 432-448.
4. Englard S, Seifter S. The biochemical functions of ascorbic acid. *Ann Rev Nutr* 1986; 6: 365-406.
5. Bender DA. Vitamin C, in *Nutritional Biochemistry of the Vitamins*, Cambridge University Press, Cambridge, 1992, 360-393.
6. Skelton WP, Skelton NK. Deficiency of vitamins A, B and C: something to watch for, *Postgraduate Med* 1990; 87(4): 293-310.