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NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Folic Acid Product #10138 bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **400mcg Folic Acid** is as follows:

(Statement 1) Folic acid helps in the manufacturing of red blood cells and is essential for normal metabolism. There is an increased need for folic acid during pregnancy.

(Statement 2)

(Statement 3)

I, Luke R, Bucci, Ph. D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 25th day of March, 1998.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: LR Bucci
DR. LUKE R. BUCCI
Vice President of Research

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Folic Acid

DATE: February 16, 1998
Document Name: sf03fol.wpd

BY: Luke R. Bucci, PhD

BRAND, CODE # & PRODUCT NAME(S): Schiff 10138 Folic Acid (100t)

NUTRIENT AMOUNT: 400mcg Folic Acid per tablet

STRUCTURE/FUNCTION CLAIM:

Folic acid helps in the manufacturing of red blood cells and is essential for normal metabolism. There is an increased need for folic acid during pregnancy.


Approved by / Date

REFERENCES:

1. Krumdieck CL. Folic acid, in *Present Knowledge in Nutrition*, 6th ed., Brown ML, Ed., International Life Sciences Foundation, Washington, DC, 1990, 179-188.
2. Herbert V, Das KC. Folic acid and vitamin B12, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 402-425.