



The Vitamin Marketing Experts  
March 9, 1998

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Dr. Elizabeth Yetley  
Director of the Office of Special Nutritionals  
Division of Programs and Enforcement Policy  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street  
HFS-455  
Washington, D.C. 20204

Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r)(6)(21 U.S.C. 343(r)(6)) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement FAMILY ESSENTIALS™ WITH REFERENCE TO ANY CLAIM CONCERNING VITAMIN D 400 i.u.. FAMILY ESSENTIALS™ WITH REFERENCE TO ANY CLAIM CONCERNING VITAMIN D 400 i.u. were first marketed with these statements of nutritional support on Friday, March 6, 1998. The statements of nutritional support are as follows:

"Promotes strong bones and teeth"  
"Aids in the absorption of calcium"  
"Improve bone health"

Very truly yours,

MASON VITAMINS, INC.

Sonia C. Rodriguez  
VP Marketing & Regulatory Affairs

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**STUDIES FOR VITAMIN D CLAIMS**

**“Relation of Dietary Intake and Serum Levels of Vitamin D to Progression of Osteoarthritis of the Knee among Participants in the Framingham Study” McAlindon, T.E., Felson, D.T., Zhang, Y. American College of Physicians Vol. 125, No. 5 1996 353-359**