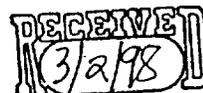


1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

February 24, 1998

Dr. Elizabeth Yetley, Ph.D.
F.D.A.
Office of Special Nutrition
200 "C" St., W.W.
Washington, DC 20204



Dear Dr. Yetley,
Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: C Buffered 1000, 100 capsules

Active Ingredient(s): Calcium Ascorbate

Claim(s): "Antioxidant Protection" – Vitamin C, a basic antioxidant, is essential for the synthesis of collagen and the health of connective tissue, gums, teeth and bones.

The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth S. Shastri, B.A., C.C.N.

Director of Product Development

97S - 0162

USAGE: As a dietary supplement, take 1 to 6 capsules per day with meal, or as directed by your qualified health consultant.

C Buffered 1000 contains calcium ascorbate (Vitamin C complexed to calcium), providing a more gentle, non-acidic form of vitamin C.

Vitamin C, a basic antioxidant, is essential for the synthesis of collagen and the health of connective tissue, gums, teeth and bones.

Each 1100 mg capsule of **C Buffered 1000** provides calcium ascorbate, yielding 1000 mg elemental Vitamin C and 100 mg of Calcium.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS™

C Buffered 1000

USP Grade
Calcium Ascorbate

Antioxidant
Protection

Dietary Supplement

100 Capsules 1100 mg each

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Ascorbic Acid (from calcium ascorbate)	1000 mg	1666%
Calcium (from calcium ascorbate)	100 mg	10%

Percent Daily Values based on 2000 calorie diet

Ingredients: Calcium ascorbate and magnesium stearate (lubricant).

Jarrow FORMULAS, INC™
Superior Nutrition and FormulationSM
Los Angeles, CA 90035-4317

PROD # 12015



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