



CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

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January 8, 1998

Office of Special Nutritionals
HFS 450
200 C Street SW
Washington, DC 20204

1/20/98

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of statement(s):

- A natural, soothing blend for restful sleep.
- Valerian supports restful sleep.
- St. John's Wort and kava kava soothe and calm you.
- Passionflower, hawthorn and chamomile support natural relaxation.
- Sleepytime Extra is expertly blended to give you just the right amount and potency of herbs for a natural, restful night's sleep.
- Sleepytime Extra is a comprehensive formula that provides a gentle way to support a natural, restful night's sleep.
- Our unique formula contains just the right natural ingredients to soothe and relax you at bedtime.

Ingredient statement:

Valerian extract, St. John's Wort extract, kava kava extract, passionflower extract, chamomile extract, hawthorn berry extract.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Sleepytime Extra Standardized Herbal Extracts

I hereby certify that the information contained in the above notice is complete and accurate, and that has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager

975-0162

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