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June 30, 1997

Office of Special Nutrients (HFS-450) '97 SEP 19 P1:50  
Center for Food Safety and Applied Nutrition  
200 C Street, S.W.  
Washington, D.C. 20204

Re: Section 403(r) (6) Notification

Dear Sir or Madam:

In accordance with the requirements of Section 403(r) (6) of the Federal Food, Drug, and Cosmetic Act, Optimum Lifestyle, Inc. notifies FDA that it has begun using the following statement:

**"A seriously great tasting way to fight fat and control hunger! Lite Bites® Fat-Fighting Shake is strategically jam-packed with natural nutritional support for fat-loss & hunger control. Our exclusive Custom Herbal and Nutrient Blend includes 1,000mg Citrin® plus additional nutritional support for fat metabolism. What's more, each delicious and satisfying serving provides energy-sustaining nutrition and the added health benefits of Isolated Soy Protein and Oat Fiber. In addition, Lite Bites Fat-Fighting Shake contains a complete vitamin/mineral profile and a full range of food enzymes to support digestion and utilization of nutrients."**

on the following product: Lite Bites® Fat-Fighting Shake.

Very truly yours,



Cheryl Radetsky  
President

975-0162

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