



RECEIVED BY THE  
OFFICE OF SPECIAL  
NUTRITIONALS, HFS-450  
**CELESTIAL SEASONINGS, INC.**

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

'97 MAR -4 P3:37

February 24, 1997

Office of Special Nutritionals  
HFS 450  
200 C Street SW  
Washington, DC 20204

0032 '97 SEP 19 P1:29

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.  
4600 Sleepytime Drive  
Boulder, CO 80301-3292

Text of statement(s):

- Delivers 1 mg Melatonin for normal sleep and jet lag recovery.
- Melatonin regulates sleep cycles, and can be especially helpful to individuals seeking a restful night's sleep, or those with jet lag or irregular biological rhythms.

Name of the Dietary Ingredient(s):

Melatonin, Vitamin B6

Name of the dietary supplement (including brand name):

Celestial Seasonings™  
Melatonin PM Herb Tea

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross  
Quality Assurance Manager

975-0162

51427  
LET544