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August 2, 1996

VIA FEDERAL EXPRESS

U.S. Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals, HFS-450
200 C. Street S.W.
Washington, D.C. 20204

Re: Natrol, Inc.

Dear Sir/Madam:

This firm represents Natrol, Inc., Chatsworth, California, a manufacturer of dietary supplement products (hereafter "NATROL").

On behalf of Natrol, and pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. § 343(c)(6), your Agency is hereby notified that ~~Natrol proposes to make statements of "nutritional support", as described in 21 U.S.C. §. 343(1)(6)(A);~~ for its dietary supplements as follows:

- (1) Kava Kava Roots Extract Plus Select Herbs: "It effects relaxation, without hampering vigilance, memory and reaction time."
- (2) Mental Support Formula with Ginkgo Biloba: "Ginkgo Biloba is the subject of extensive worldwide research assessing its role in promoting oxygen flow to the arms, legs and brain by supporting peripheral blood flow."
- (3) Valerian Evening™ with Valerian Root Extract: "It can reduce the time it takes to reach sleep while improving subjective sleep quality."

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- (4) **St. John's Wort Plus Select Herbs:** "Natrol®'s exclusive formula adds the antioxidant benefits of Reishi Mushroom and the popular Sweet Annie for a combination product that supports a feeling of general well being."
- (5) **Liver Support with Milk Thistle Extract:** "Milk Thistle Extract is a powerful natural antioxidant which helps maintain healthy liver functions while it deals with pollutants and other toxins, including alcohol."
- (6) **Prostrate Support with Saw Palmetto Extract:** "Saw Palmetto has a renowned ability to help maintain normal urinary function and prostate health."
- (7) **Nerva Herb™ with Valerian Root Extract:** "Valerian is now the preferred herbal ingredient for promoting restful sleep."
- (8) **Eye Support with Bilberry Extract:** "Bilberry contains antioxidant compounds called anthocyanosides which help maintain capillary strength and micro-vascular integrity, especially to capillaries such as those in the retina of the eye."
- (9) **Migra Help™ with Feverfew (30/60/120 capsules):** "Feverfew inhibits the production of substances called prostagladins in the body."
- (10) **Protection Formula On with Echinacea Extract:** "Echinacea is the world's best known herb for supporting defense system functions." "This combination formula also features three natural sources of the alkaloid berberine, which is widely used for its role in promoting microbial balance."

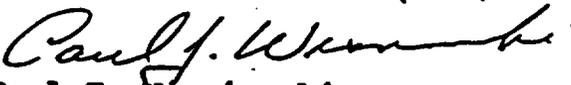
- (11) **Protection Formula Two with Golden Seal Root Extract:** "After centuries of historic use, scientists have discovered compounds, including berberine and hydrastine which confirm the traditional reputation of Gold Seal in supporting health. Barberry and Gold Thread complement the Golden Seal by providing additional levels of the key alkaloid berberine, which plays a role in promoting microbial balance. Echinacea is renowned for promoting activity of white blood cells, a key component in immune function that helps maintain optimal health."
- (12) **Siberian Power with Siberian Ginseng:** "Siberian Ginseng enhances physical and mental resistance to environmental stress, while fortifying general endurance."

- (13) Joint Herb™ with Devils Claw Extract: "In the last decade, increasing attention has focused on its potential for supporting fluid and joint function."
- (14) Cardio-Herb™ with Hawthorn Berry Extract: "Hawthorn stands out as one [herb] which has very promising attributes for supporting normal heart function."
- (15) Kidney Support Formula with Uva Ursi: "Uva Ursi has been incorporated in this formula for its positive support of the urinary tract."
- (16) Parafight Formula with Artemisia: "When combined with a balanced diet, adequate water intake and probiotic supplementation with L. acidophilus, a natural, live culture of beneficial micro-organisms - Parafight helps support digestive health."

Please be advised that the label of each of the above dietary supplement products includes the "crepe label statement" required by Section 6 of the DSHEA (21 U.S.C. § 403(r)(6)(C)).

If you have any questions regarding the foregoing, do not hesitate to contact the undersigned at your convenience.

Sincerely yours,
GRONEK & ARMSTRONG


Paul J. Wisniewski

PJW:
jw

CC: Natrol, Inc.