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OFFICE OF SPECIAL
Golden Mountain Herbs, Inc.

"Ancient Wisdom • Modern Science"
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July 22, 1996

Dr. Elizabeth A. Yetley
Acting Director
Office of Special Nutritionals
U.S. Food and Drug Administration (HFS-450)
FB8, Room 2804C
200 C St. S.W.
Washington, D.C. 20204

Subject: Letter of Nutritional Support

Dear Dr. Yetley,

Please be advised that as of this date we have made the following claims on the boxes of Golden Mountain Herbs, Inc., products.

Mental concentration and faster recovery times may also be enhanced due to increased circulation and supply of oxygen from the nutritional effects of the herbs and micronutrients.

21% rise in cardiac output, 14% more oxygen absorbed, 20% increase in metabolism equivalent, 5.5 % improvement in anaerobic threshold, 37% increase in stroke volume per heart beat.

The specific challenge was to produce natural tonics that strengthen life functions and nutritional effects on anti-aging, coronary care, immunity and vitality.

Researchers at Guiyang University believe Elixir of Youth and FemVitale may have a positive effect on coronary health, enhance cognitive performance, promote evening serenity and help maintain good bowel health.

Ginkgo is the worlds most ancient tree and modern research has shown the leaves contain unique active compounds that promote better memory and mental clarity, free radical protection and youthfulness.

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Elixir of Youth, which is dispensed in 25 major hospitals in China, contains Super Oxide Dismutase, nature's powerful antioxidant for combating free radical damage.

The synergistic combination of Chinese Gooseberry and Dan Shen root has a dramatic, beneficial effect on a woman's monthly cycle.

Chinese studies have shown FemVitale exhibited a variety of biological activities to promote premenstrual and menopausal support and cycle regulation.

They (Panaxosides) support and regulate the female hormonal system. Dong Quai, known as the women's Ginseng, also works with Jiaogulan as a tonic for the female reproductive system.

If there is any additional information we need to supply, please contact me at the above address.

With Regards,



Michael Blumert
Product Manager