

NOTICE

This notice is being given pursuant to Section 6 of the DSHEA of 1994, concerning the following product: CraveLess. 4Health, Inc. the product's distributor, is filing this notice rather than the product manufacturer as 4Health, Inc. is the entity responsible for the statements which are being made on the product's labeling. All of these are statements described in subparagraph (A) of Section 6.

1. CraveLess contains ingredients designed to help control and curb your appetite, and enhance the absorption and utilization of ingredients.
2. The TakeCharge System will allow you to achieve your goal by helping you eat less and utilize what you eat.
3. The TakeCharge System is safe and natural and does not use any stimulants or harsh chemicals. It allows healthy weight loss without any negative side effects, such as the jitters.
4. Take CraveLess, along with BurnMore and Fulfill meal replacer, as part of the TakeCharge Weight Loss System, for optimum results. For weight control combine the TakeCharge System with exercise and a healthy diet.

4Health, Inc.



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