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NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Veggie Blend Multi Vitamin Product #115140 bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim is as follows:

- (Statement 1) Contains vitamins (including Vitamin B-12) and minerals often lacking in strict vegan diets. Deficiencies in one or more essential vitamins and minerals are associated with detriments to immunity, cardiovascular integrity, fatigue and overall well-being.
- (Statement 2) Long-term vitamin supplementation has been associated with improved feelings of well-being and mood.
- (Statement 3)
- (Statement 4)
- (Statement 5)

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 14th day of November, 1997

WEIDER NUTRITION INTERNATIONAL, INC.
BY: LR Bucci
DR. LUKE R. BUCCI
Vice President of Research

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STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Multiple Vitamin/Mineral

DATE: September 19, 1997
Document Name: sf11mult.wpd

BY: Luke R. Bucci, PhD

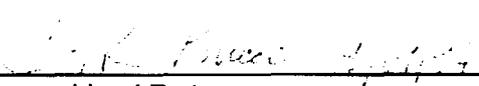
BRAND, CODE # & PRODUCT NAME(S): Schiff 11514 Veggie Blend Multivitamin (60sg)

NUTRIENT AMOUNT: see label listings (A, C, D, E, Bs, minerals, phytonutrients)

STRUCTURE/FUNCTION CLAIM:

A DIETARY SUPPLEMENT WITH PHYTONUTRIENTS

Contains vitamins (including vitamin B12) and minerals often lacking in strict vegan diets. Deficiencies in one or more essential vitamins and minerals are associated with detriments to immunity, cardiovascular integrity, fatigue, and overall well-being. Long-term vitamin supplementation has been associated with improved feelings of well-being and mood. Contains concentrates of fruits and vegetables with standardized amounts of phytonutrients.


Approved by / Date

REFERENCES:

1. Myrvik QN. Immunology and nutrition, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 623-662.
2. Keusch GT. Nutrition and infection, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 1241-1258.
3. Corman LC. Effects of specific nutrients on the immune response, *Med Clin N Am* 1985; 69:759-791.
4. Werbach MR. Atherosclerosis, in *Nutritional Influences on Illness*, 2nd ed., Third Line Press, Tarzana, CA, 1993, 57-102.
5. Werbach MR. Fatigue, in *Nutritional Influences on Illness*, 2nd ed., Third Line Press, Tarzana, CA, 1993, 283-289.
6. Manson JE, Stampfer MJ, Willett WC, Colditz GA, Rosner B, Speizer FE, Hennekens CH. A prospective study of vitamin C and the incidence of coronary heart disease in women, *Circulation* 1992; 85:865.
7. Benton D, Haller J, Fordy J. Vitamin supplementation for 1 year improves mood, *Neuropsychobiology*, 1995; 32:98-103.