

RECEIVED
11/12/97

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

This notification is being filed on behalf of Applied Nutrition which is the Distributor of the product(s) which bear the statements identified in this notification. Its business address is: 10549 W. Jefferson Blvd., Culver City, CA 90232. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Diet System 6.

The text of each structure-function statement for which notification is now being given is:

(Statement 1): Burn Fat Six Ways

(Statement 2): Burn Fat

(Statement 3): Increase Energy

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made: See Attached

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1.	Diet System 6
2.	Citrimax
3.	Kola Nut Extract; Guarana Extract; Ginger

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1.	Applied Nutrition	Diet System 6 Gum
2.	Applied Nutrition	Diet System 6 Gum
3.	Applied Nutrition	Diet System 6 Gum

I, Klee M. Irwin, am authorized to certify this Notification on behalf of Applied Nutrition. I certify that the information presented and contained in this Notification is complete and accurate, and that Diet System 6 Gum has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: November 3, 1997

By: [Signature]
[Name] Klee M. Irwin
[Title] President

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STATEMENTS

Statement 4	Lean Sexy Muscles
Statement 5	Increase Metabolism
Statement 6	Enhance Nutrition
Statement 7	Energizing Herbs
Statement 8	Three different herbs are used to help you feel more energetic.
Statement 9	Increased energy allows you to burn more calories
Statement 10	Lipotropics mobilize fat so that it can be burned as energy
Statement 11	L-Carnitine is the amino acid that your body uses to transport fat to the cells to be burned as energy
Statement 12	Proper nutrients are needed in order to keep your body in the highest calorie burning mode

DIETARY INGREDIENT(S)

Statement 4	Chromium Picolinate
Statement 5	L-Carnitine
Statement 6	72 Trace Mineral Complex; Vitamin B-3; Vitamin B-6; Vitamin B-12; Vitamin B-2; Vitamin E; Folic Acid; Selenium; Vitamin C; Potassium; Iodine
Statement 7	Kola Nut Extract; Guarana Extract; Ginger
Statement 8	Kola Nut Extract; Guarana Extract; Ginger
Statement 9	Kola Nut Extract; Guarana Extract; Ginger
Statement 10	Choline Bitartrate; Inositol; Betaine HCL
Statement 11	L-Carnitine
Statement 12	72 Trace Mineral Complex; Vitamin B-3; Vitamin B-6; Vitamin B-12; Vitamin B-2; Vitamin E; Folic Acid; Selenium; Vitamin C; Potassium; Iodine

OTHER PRODUCTS

Statement 4	Applied Nutrition	Diet System 6 Gum
Statement 5	Applied Nutrition	Diet System 6 Gum
Statement 6	Applied Nutrition	Diet System 6 Gum
Statement 7	Applied Nutrition	Diet System 6 Gum
Statement 8	Applied Nutrition	Diet System 6 Gum
Statement 9	Applied Nutrition	Diet System 6 Gum
Statement 10	Applied Nutrition	Diet System 6 Gum
Statement 11	Applied Nutrition	Diet System 6 Gum
Statement 12	Applied Nutrition	Diet System 6 Gum