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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

August 16, 2004

SEP 20 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Xtreme Trim Carb Caps supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Chromium, Northern White Kidney Bean Extract, Gymnema Sylvestre, Vanadyl Sulfate, Alpha Lipoic Acid, Deodorized Garlic, Papaya

- Promotes sugar metabolism.
- Enhances diet and daily exercise program.
- Promotes fat and protein metabolism.
- Premium Carb support ingredients
- Contains Gymnema Sylvestre to support sugar metabolism.
- Chromax® Chromium Picolinate supports sugar, fat, and protein metabolism.
- When combined with a low-carb, reduced calorie diet and daily exercise program, Xtreme Trim Carb Caps is one popular supplement to help support your body's metabolism.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Vice President, Nutrition Information

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