



**ADVOCARE®**

*We Build Champions*

August 13, 2004

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. 343 r (6) and in accordance with the authorized provisions of 21CFR 101.93, Advocare provides notification for statements on dietary supplement labels as follows:

**The name and address of the manufacturer, packer or distributor of the dietary supplement that bears the statements:**

AdvoCare International, L.P.  
2727 Realty Road, Suite 134  
Carrollton, TX 75006

**Product Name:** SweetEase

**Statement**

**Basis for Statement**

Helps manage appetite for sugars and fats

Gymnema extract (leaf – *Gymnema sylvestre*)  
Dry bean extract (seed - *Phaseolus vulgaris*)

Contains ingredients that attenuate metabolism of carbohydrates and starches

Dry bean extract (seed - *Phaseolus vulgaris*)  
L-Arabinose  
Hibiscus extract (flower - *Hibiscus sabdariffa*)  
Apple extract (fruit – *Malus sylvestris*)

Provides antioxidant activity

Green tea extract (leaf - *Camellia sinensis*)  
Dry bean extract (seed - *Phaseolus vulgaris*)  
Apple extract (fruit – *Malus sylvestris*)

Contains probiotics designed to aid digestion and support intestinal functions.

*Lactobacillus acidophilus*  
*Bifidobacterium bifidum*

Stimulates and supports lipolysis

Green tea extract (leaf - *Camellia sinensis*)  
Dry bean extract (seed - *Phaseolus vulgaris*)  
L-Arabinose

**Certification**

The undersigned certifies that the information contained in this notice is complete and accurate and that Advocare International, L.P. has substantiation that the statements are truthful and not misleading.

Respectfully yours,

Sidney Stohs, Ph.D.  
Senior Vice President, Research and Development  
AdvoCare International, L.P.

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