

October 17, 2003

VIA UPS OVERNIGHT SERVICE

Office of Special Nutritionals, HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Re: Natrol, Inc.

RECEIVED
NOV 04 2003
BY: _____

Dear Sir or Madam:

On behalf of Natrol, Inc., I hereby notify the Food and Drug Administration of the use of statements of nutritional support for the following dietary supplement product:

My Defense: Shown to be more potent (better) than Echinacea due to higher macrophage proliferation.
Clinically proven immune enhancement.
May increase beneficial immune cell proliferation.
Superior to Echinacea in boosting immunity.
More concentrated form of arabinogalactan, one of the polysaccharides in Echinacea that contributes to immune enhancement.
Higher macrophage proliferation than Echinacea.

Please be advised that the label of the above dietary supplement product includes the statement that "The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent disease."

To the best of my knowledge, and based on information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Natrol, Inc. possesses substantiation that the statements are truthful and not misleading.

Sincerely,

NATROL, INC.

Alan Roberts, M.S.
Senior Product Development Manager

/kd

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