



Body Wise International, Inc.  
 2802 Dow Avenue  
 Tustin, California 92780

Tel. 714-505-6121  
 Fax 714-832-5315

7855 '03  
 RECEIVED  
 10/21/03

Office of Nutritional Products  
 Labeling and Dietary Supplements (HFS-810)  
 Center for Food Safety and Applied Nutrition  
 U.S. Food and Drug Administration  
 5100 Paint Branch Pkwy.  
 College Park, MD 20740

RE: Notification of statements on a dietary supplement known as, Nature's Rhythm™.

October 7, 2003

Dear Ladies/Gentlemen;

Pursuant of 21 C.F.R. Subpart F, section 101.93, Body Wise International, Inc. ("Body Wise" the distributor, which is located at 2802 Dow Avenue, Tustin, CA 92780) wishes to notify the Food and Drug Administration that it has commenced marketing a dietary supplement known as Nature's Rhythm™ which includes statements of nutritional support in it's labeling.

The following statements are being made for the dietary supplement known as Nature's Rhythm™.

- Nature's Rhythm™ provides many fiber-containing plants as well as many other ingredients that comprehensively help to support a healthy intestinal environment and promote healthy digestion and elimination.
- Lactobacillus Acidophilus Helps to support a healthy intestinal tract.
- Cruciferous Vegetables Helps restore natural fiber into the digestive system.
- Aloe Vera A plant that helps with healthy elimination and may support a healthy gastrointestinal tract.
- Nature's Rhythm™ contains herbs and food concentrates to support normal colon health and function, which may reduce the accumulation of toxins. This product also supplies dietary fiber and healthy bacteria for the support of gastrointestinal health. – (Addressed by the ingredients: Yellow Dock Root, Fig Fruit, Date Fiber Fruit, Psyllium Husks USP, Cruciferous Vegetables, Lactobacillus Acidophilus, Celery Seed, Dandelion Root, Oregon Grape Root, and Anise Seed.)

The above statements are accompanied by the required disclaimer, which is prominently displayed in a box in boldfaced type.

The information contained in this notice is complete and accurate. Body Wise maintains on file substantiation that these statements are truthful and non-misleading.

An original and two copies of this notification are being submitted.

Sincerely,

A handwritten signature in black ink, appearing to read "Alan E. Huffington". The signature is fluid and cursive, with the first name "Alan" being the most prominent.

Alan E. Huffington  
Director of Regulatory Affairs

Dw/AEH

Enclosures: Two copies of this two-page letter.