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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

September 23, 2003

OCT - 6 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Tonalin® & Chromax® Complex supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Tonalin® CLA (Conjugated Linoleic Acid), Chromium.

- The NEW Approach to Weight Loss (when used as part of a reduced calorie diet and exercise plan).
- Supports sugar and fat metabolism.
- Helps reduce body fat when combined with a reduced calorie diet and exercise program.
- This synergistic formula combines two proprietary ingredients for weight control, Chromax® Chromium Picolinate and Tonalin® CLA to help you build a better body.
- Chromax® Chromium Picolinate works to support sugar and fat metabolism while Tonalin® CLA helps reduce body fat when combined with a reduced calorie diet and exercise program.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

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