



Advanced Nutritional Supplements

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Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-800)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

NOTIFICATION OF STATEMENTS OF NUTRITIONAL SUPPORT

Dear Sir or Madam:

In accordance with Section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act, and pursuant to 21 C.F.R. § 101.93, we hereby provide the following notice with regard to the marketing of the Dietary Supplements described below:

Distributor: MuscleTech Research and Development, Inc., 7050 Telford Way, Suite 100, Mississauga, Ontario Canada L5S 1V7.

Name of Supplement: NITRO-TECH™ (various flavors and sizes)

Statements of Nutritional Support:

- Advanced Musclebuilding Protein Formula™;
- Better Than Regular Whey Protein for Gains in Lean Mass;
- Helps Support Muscle Growth!
- Helps Increase Strength!
- NITRO-TECH™ Helps Build Muscle
- MuscleTech Research and Development Inc. has designed the NITRO-TECH™ Advanced Musclebuilding Protein Formula to help you build more lean muscle and increase strength;
- In a recent study, subjects who were using NITRO-TECH with a diet and weight-training program gained, on average, more lean mass than those using regular weigh protein (8.1 vs. 3.3 lbs.)
- Experience more gains in lean mass with NITRO-TECH;
- NITRO-TECH Helps Increase Strength Levels!
- One study showed that subjects using NITRO-TECH along with weight training increased their bench press by an average of over 30 pounds in just 6 weeks!
- In one study, subjects who were using NITRO-TECH increased their bench press by an average of over 30 pounds, while those using regular whey protein only added 13.8 pounds to their bench press; and
- When you combine NITRO-TECH along with CELL-TECH and a diet and weight-training program, you've got an amazing way to support your muscle-building goals!

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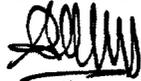
Name of Supplement: CELL-TECH™ (various flavors and sizes)

Statements of Nutritional Support:

- Advanced Musclebuilding Creatine Formula™
- Better Than Regular Creatine for Gains in Mass and Strength
- Helps Support Muscle Growth!
- Helps Increase Strength!
- CELL-TECH™ Helps Build Muscle!
- The CELL-TECH™ Advanced Musclebuilding Creatine Formula is designed to help you gain muscle;
- In one study, CELL-TECH subjects built more lean mass than subjects using creatine mixed with juice in only 7 days – incredible!;
- Add CELL-TECH's patented formula to your training and nutrition program to help you gain muscle!
- Another study (CELL-TECH vs. Protein/Carbohydrate Supplement) showed that subjects who combined CELL-TECH with a weight-training program gained an average of over 9 pounds of mass in 8 weeks!
- In one study, subjects combining CELL-TECH with weight training gained more mass than those using a protein/carbohydrate supplement;
- Subjects using CELL-TECH gained more lean mass than those using creatine mixed with juice;
- CELL-TECH Helps Boost Strength Levels!
- In one strength-training study, subjects taking CELL-TECH increased their bench press repetitions to failure more than those supplementing with regular creatine (+4.3 vs. +1.3 reps at their own bodyweight) in 28 days;
- If you're not taking CELL-TECH right now, you're missing out on some serious gains in strength; and
- Taking CELL-TECH and NITRO-TECH together with a diet and weight-training program is an ideal way to really support your musclebuilding goals!

To the best of my knowledge, the information contained in this notice is complete and accurate, and MuscleTech Research and Development, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,
Shan Chaudhuri



Assistant Manager of Regulatory Affairs
MuscleTech Research and Development, Inc.

Date: Sep 29, 2003