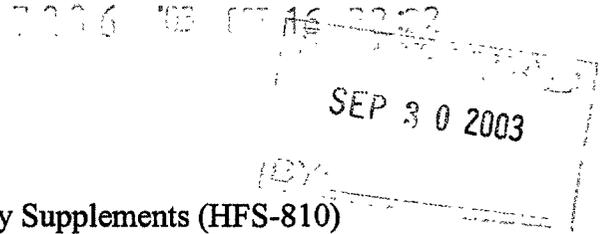


**FITNESS LABS™**  
NUTRITION CORPORATION

September 25, 2003



Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740

Re: Dietary Supplement Statement of Support Notification

To Whom It May Concern:

Fitness Labs Nutrition Corporation, P.O. Box 3896 Torrance, CA 90510-3896, who is the distributor of the following dietary supplement product, SoyFit™, intends to make the following statement(s) of support:

“Try SoyFit™ for a leaner, healthier body!\*”

“Enjoy the heart, bone, and antioxidant benefits of this saturated fat and cholesterol free source of vegetable protein.\*”

“SoyFit™ boasts the highest concentration of naturally occurring “Critical Cluster” amino acids, even more than animal proteins. Critical Cluster aminos are glutamine and arginine, and the three Branched Chain Amino Acids (BCAAs). Glutamine and arginine are important for immune health, building muscle, combating fatigue and play many other roles in the body. BCAAs can supply alternative fuel while dieting or exercising intensely, which may help preserve lean muscle mass\*”

“Superior antioxidant benefits! Studies show the soy used in SoyFit™ has superior antioxidant potential compared to whey protein isolate! In a recent clinical study at Ohio State University on untrained athletes, a soy protein beverage using the same protein in SoyFit™ produced significant antioxidant effects while whey protein did not. During exercise, oxidant stress is considered to be a major factor in muscle injury and soreness.\*”

“Rich Source of isoflavones! SoyFit™ provides a range of 1 to 3 mg of isoflavones per gram of protein (equal to 25 to 75 mg per serving). Isoflavones such as genistein, diadzen, and glycitein may play a important role in heart, bone, and kidney health.\*”

These claims are being made for soy protein isolate, which is contained in Fitness Labs® SoyFit™. This submission is being made in compliance with 21 CFR §101.93.

979 0162 LET 13003

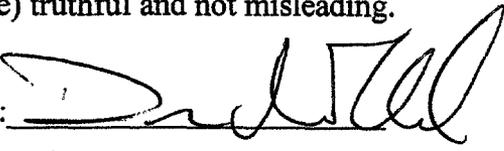
86042

The undersigned is an authorized representative of the Fitness Labs Nutrition Corporation and certifies that the information contained in this notice is complete and accurate, and

P.O. Box 3896  
Torrance, CA 90510-3896

Phone (310) 325-0075  
Fax (310) 325-5559

that Fitness Labs Nutrition Corporation has substantiation that the above statement(s) is (are) truthful and not misleading.

By: 

Dan McFarland  
President