

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider ZMA NT Plus, #52608** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

(Statement 1) Promotes sleep

(Statement 2) Supports Healthy Hormone Levels

(Statement 3) ZMA is a patent pending mineral and amino acid complex that promotes sleep and relaxation as well as supporting healthy hormone levels in regularly training athletes. ZMA promotes healthy zinc and magnesium levels, critical minerals that affect many physiological functions including sleep, hormone production, muscle energetics, and immune response while theanine, and amino acid extracted from green tea, promotes rest and relaxation.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 10th day of June, 2003

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research

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