



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 567-1953

7724 100 JUL 31 11:04

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 18, 2003

JUL 26 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Organic High Lignan Flax Oil, Flax Oil and Flaxseed supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Naturally rich in heart healthy nutrients.
- Flax is one of the premium sources of Alpha-Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6), two essential fatty acids that cannot be made by the body and must be obtained from diet.
- Fatty acids play a role in providing an energy source for the body.
- Organic High Lignan Flax Oil is a source of lignans - phytochemicals, which play a part in the well-being of the body.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

975 0162 LET 12 468

85272