

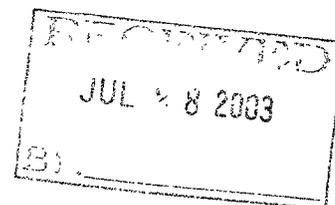


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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 17, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Cal Mag Zinc supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Calcium, Magnesium, Zinc

- Supports/promotes bone health.
- Calcium is one of the primary minerals responsible for strong bones.
- The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.
- Because the body cannot product Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium can play a role in maintaining optimal bone health.
- Calcium and Magnesium play essential roles in maintaining proper bone mineralization.
- Calcium and Magnesium are also involved in muscle contractions and nerve impulses.
- Zinc is essential for cell division and growth.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

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