

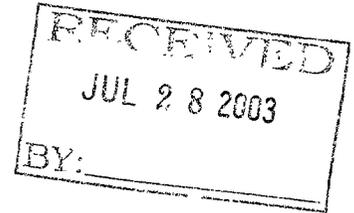


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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 17, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Alpha Lipoic Acid supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

- Your system generates cell-damaging free radicals – natural by-products of the body's daily metabolism.
- Antioxidants play a role in protecting the body from the destructive nature of free radicals.
- Alpha Lipoic Acid acts as an antioxidant to help neutralize cell-damaging free radicals in both the water-soluble and fat-soluble compartments in the cell.
- This means a more supportive antioxidant action.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

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