

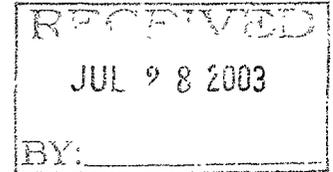


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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 17, 2003



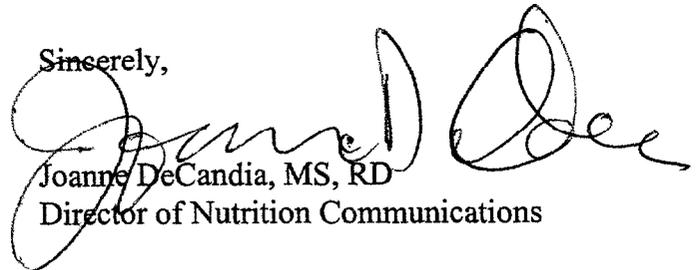
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Pregnenolone supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

- Pregnenolone is a chemical substance synthesized in the nervous system.
- It acts as a precursor to DHEA (dehydroepiandrosterone), a natural bioactive factor that can decline with age.
- Pregnenolone can be used as part of a healthy aging regimen.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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