

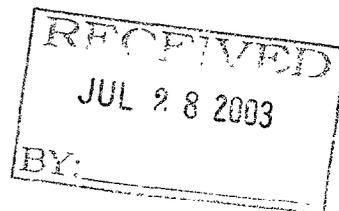


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 567-1953

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 17, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Tonalin® with Apple Cider Vinegar supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin B-6, Chromium, Tonalin® CLA, Apple Cider Vinegar, Apple Pectin, Gymnema Sylvestre.

- Helps reduce body fat when used with a reduced calorie diet and exercise program.
- Promotes sugar and fat metabolism when used with a reduced calorie diet and exercise program.
- Curbs sugar and carbohydrate cravings when used with a reduced calorie diet and exercise program.
- Helps maintain lean muscle mass when used with a reduced calorie diet and exercise program.
- Tonalin® with Apple Cider Vinegar contains some of the best ingredients for nutritionally supporting weight loss including, Chromium to promote sugar and fat metabolism, Vitamin B-6 to support energy, Gymnema Sylvestre to curb sugar and carbohydrate cravings, plus the revolutionary weight control ingredient, Tonalin® CLA - which helps reduce body fat and maintain lean muscle mass.
- When used with a reduced calorie diet and exercise program, Tonalin® with Apple Cider Vinegar gives you the control you need for the body you want to keep.

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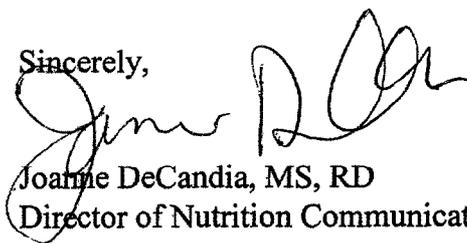
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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Joanne DeCandia". The signature is fluid and cursive, with the first name being the most prominent.

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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