

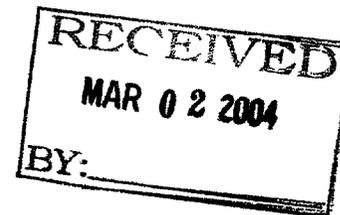


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January 26, 2004

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Food and Drug Administration  
 Center for Food Safety and Applied Nutrition  
 Office of Nutritional Products, Labeling, and Dietary Supplements  
 Division of Nutritional Programs and Labeling  
 200 C Street SW  
 Washington, DC 20204



Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Ginger Extract, a dietary supplement.

Statements being made in the labeling of Ginger Extract:

(1) Ginger (*Zingiber officinale*) is a plant native to Southeast Asia that has a long history of use as an herbal remedy and as a culinary spice. Ginger has more recently been shown to support digestive health and may be effective in the prevention or relief from nausea and upset stomach. In addition, Ginger is a powerful antioxidant, containing a number of free-radical scavenging compounds.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
 Director, Quality Assurance  
 NOW Foods  
 395 S. Glen Ellyn Rd.  
 Bloomingdale, IL 60108

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