



Quality Health From God's Pharmacy

MAY 10 2004

April 22, 2004

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204

Re: Structure/Function Label Claim

This letter is to notify the Food and Drug Administration that within the past 30 days our company has begun to market **TenseDefense** Dietary Supplement, with the following statement(s) of nutritional support included on the label and in labeling for the product:

- a. **TenseDefense** is a unique formulation that is high in B vitamins, Siberian ginseng, ginkgo biloba and other vitamins which help reduce everyday emotional stress and frustrations.\*
- b. **TenseDefense** can also help increase energy levels and provide relief from occasional nervous tension caused by mental stress.\*

The dietary ingredients of the product that are the subject of the above statement are: Vitamin D3, B1, B2, B6, Folic acid, Siberian ginseng, Ginkgo biloba, Selenium.

It is hereby certified that the information in this notification is complete and accurate, and that our company has substantiation that the above statement(s) is truthful and not misleading.

Very truly yours,

Flora Inc.

Janet Sperry  
Compliance Coordinator

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**Flora, Inc.**

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