

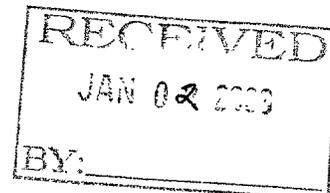


Natural Factors Nutritional Products Inc.

0308 '03 JAN 23 P2:05

December 18, 2002

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C Street SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: B12 Methylcobalamin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Place
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th Street SW, Suite 100
Everett, WA 98203

Text of Side Panel: Methylcobalamin is active immediately upon absorption, while other forms (ie; cyanocobalamin) must be converted to methylcobalamin in a two step process. Methylcobalamin demonstrates exceptional activity in areas where other forms are simply not active. B12 supplementation is recommended for vegetarians and those suffering from B12 deficiency.

Text on PDP: Support For Nerve Function, Energy Production & Red Blood Cells

Name of dietary ingredient that is the subject of statement: Vitamin B12 (as methylcobalamin).

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.

John Morley, President

12/20/02
Date

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