



We Make Quality Affordable

0295 '03 JAN 23 P2 04

JAN 07 2003

December 16, 2002

Office of Special Nutritionals (HF-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Biotin Caps, a dietary supplement.

Statements being made in the labeling of Biotin, 5000mcg VCaps

(1) Biotin is a water-soluble vitamin necessary for normal growth and body function. Biotin is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids. Alongside its role in energy production, Biotin enhances the synthesis of certain proteins. In addition, Biotin supports immune function and plays a critical role in skin health.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
Director, Quality Assurance  
NOW Foods  
395 S. Glen Ellyn Rd.  
Bloomington, IL 60108

975 0162

LET

11308

83048