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"Keeping America Healthy Since 1910"

**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR § 101.93**

RECEIVED  
NOV 14 2002  
BY: \_\_\_\_\_

This notification is being filed on behalf of Indiana Botanic Gardens, Inc., which is the distributor of the product which bears the statements in this notification. Its business address is: 3401 West 37<sup>th</sup> Avenue, Hobart, IN 46342. This notification is being made pursuant to Section 6 of the DSHEA and Rule 21 CFR § 101.93. The dietary supplement product on whose labeling the statements appear is Psyllium Capsules.

The text of each structure-function statement for Psyllium Capsules for which notification is now being given is:

(statement 1): High in fiber helps to keep you regular.

(statement 2): Helps maintain healthy cholesterol levels that are within normal range.

(statement 3): Cleans your digestive system.

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Botanic Choice (Psyllium Capsules)	labeling
2	Botanic Choice (Psyllium Capsules)	labeling
3	Botanic Choice (Psyllium Capsules)	labeling

I, Tim Cleland, am authorized to certify this notification on behalf of Indiana Botanic Gardens, Inc. I certify that the information presented and contained in this notification is complete and accurate, and that Indiana Botanic Gardens, Inc., has substantiation that each structure-function claim is truthful and not misleading.

[Signature]  
Tim Cleland, President

10-17-02  
Date signed

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