

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Magnesium, Product #11222** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Schiff Product Reference:

(Statement 1) Energy metabolism. Muscular contraction. Nerve conduction. Lipid, protein and urea synthesis.

Website:

(Statement 1) Primary Uses: Builds bones and teeth, assists in muscle, nerve, hormone, and enzyme function, and energy regulation.

(Statement 2) Secondary Uses: Benefits overall health.

(Statement 3) Magnesium is an essential mineral that is needed for over 100 enzymatic reactions in the body, including those for nerve and muscle function, regulation of body temperature, energy metabolism, and DNA and RNA synthesis.

(Statement 4) Magnesium also improves calcium absorption.

(Statement 5) Magnesium plays important roles in cardiovascular health, mood, maintenance of bone mass, and health of all tissues.

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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of June, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research