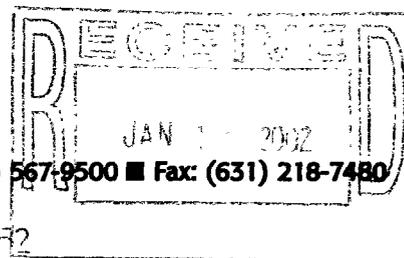




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 13, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Mega Vita Min for Women Time Release supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Biotin, Vitamin B-12, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Boron, Silica, Choline, Inositol, PABA, Citrus Bioflavonoid Complex, Royal Jelly, Bee Pollen, Dong Quai, Yarrow Flowers, Garlic, Red Raspberry Leaves, Cranberry, Red Clover, Wild Yam, Vitex Extract, Chamomile, Soy Isoflavones, Ipriflavone, Barley Grass, Hesperidin Complex, Betaine Hydrochloride, Coenzyme Q10, Pycnogenol, Alpha Lipoic Acid, Lycopene, L-Arginine.

- Comprehensive Immune System Support
- Promotes Bone Health
- Promotes Energy Metabolism
- With over 50 active ingredients, including megalevels of B-vitamins for energy metabolism, and Calcium for bone health, plus a specialized blend of traditional herbs for women, Mega Vita Min for Women provides the best nutritional factors you need to balance out your busy day.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in cursive script that reads "Ona Scandurra".

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/tk