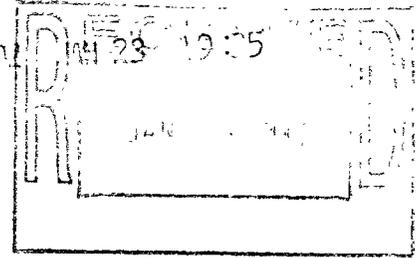


Natural Factors Nutritional Products Inc.

December 3, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Milk Thistle Phytosome™

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

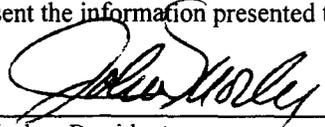
Text of side Panel: **Natural Factors Standardized Milk Thistle Phytosome™ capsules are standardized to 80% Silymarin, a mixture of valuable flavonolignans, bound to phosphatidylcholine (from lecithin) to enhance bioavailability. Numerous clinical studies show that Silymarin supports and promotes liver function in healthy individuals. It provides a protective, antioxidant effect on the liver, fortifying it against the undesirable effects of alcohol, smoke and harmful chemicals. These special qualities make it especially valuable for people in polluted environments. Dandelion and Turmeric have been traditionally used and scientifically studied for their support of liver health.***

Text of PDP: SUPPORT FOR NORMAL LIVER FUNCTION*

Name of dietary ingredient that is the subject of statement: Milk Thistle Pytosome™

Name of dietary supplement: Milk Thistle Phytosome™ 150mg

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President

12/10/01
Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050



975 0162

LET 9054

78861