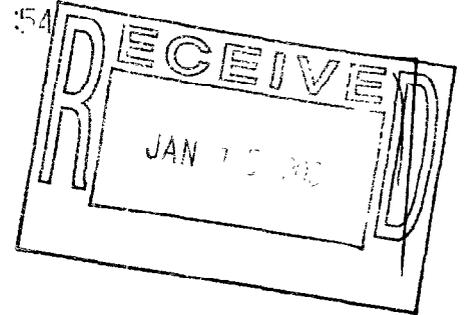




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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January 3, 2002

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Xtreme Trim™ and Xtreme Lean™ supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Pantothenic Acid, Bitter Orange Extract, Ma Huang Extract, Guarana Extract, White Willow Extract, Ginger, L-Tyrosine, N-Acetyl Carnitine, Fisetin, Magnesium Phosphate, 2-Dimethylaminoethanol (DMAE).

- Promotes weight loss
- Enhances diet
- Provides energy
- Xtreme Trim™ offers an advanced Thermogenic formula containing Ephedrine alkaloids from Ma Huang and caffeine from Guarana, plus our proprietary Syner Therm Blend to help get you to where you want to be.
- Ma Huang is an appetite suppressant and Thermogenic agent that can be used as part of your weight control program.
- Both Ma Huang and Guarana work synergistically to help promote Thermogenesis, a method for burning the body's fat stores.
- This assures you of a superior blend that offers more of what you are looking for in an appetite suppressant.
- For optimal results, use Xtreme Trim™ along with a low-fat diet and exercise program.
- Ephedra and Caffeine work synergistically to help promote Thermogenesis, the production of energy (heat) through the body's metabolism of fat.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Ona Scandurra". The signature is fluid and cursive, written over a horizontal line.

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk