



*(From Approved Product Website for CLOZARIL® (clozapine) Tablets Feb. 2002)*

**Clozapine Tablets**  
**25 mg, 50 mg, and 100 mg**

Rx only

Prescribing Information

Before prescribing clozapine, the physician should be thoroughly familiar with the details of this prescribing information.

**WARNING**

**1. AGRANULOCYTOSIS**

BECAUSE OF A SIGNIFICANT RISK OF AGRANULOCYTOSIS, A POTENTIALLY LIFE-THREATENING ADVERSE EVENT, CLOZAPINE SHOULD BE RESERVED FOR USE IN THE TREATMENT OF SEVERELY ILL SCHIZOPHRENIC PATIENTS WHO FAIL TO SHOW AN ACCEPTABLE RESPONSE TO ADEQUATE COURSES OF STANDARD ANTIPSYCHOTIC DRUG TREATMENT.

PATIENTS BEING TREATED WITH CLOZAPINE MUST HAVE A BASELINE WHITE BLOOD CELL (WBC) AND DIFFERENTIAL COUNT BEFORE INITIATION OF TREATMENT AS WELL AS REGULAR WBC COUNTS DURING TREATMENT AND FOR 4 WEEKS AFTER DISCONTINUATION OF TREATMENT.

CLOZAPINE IS AVAILABLE ONLY THROUGH A DISTRIBUTION SYSTEM THAT ENSURES MONITORING OF WBC COUNTS ACCORDING TO THE SCHEDULE DESCRIBED BELOW PRIOR TO DELIVERY OF THE NEXT SUPPLY OF MEDICATION. (SEE WARNINGS)

**2. SEIZURES**

SEIZURES HAVE BEEN ASSOCIATED WITH THE USE OF CLOZAPINE. DOSE APPEARS TO BE AN IMPORTANT PREDICTOR OF SEIZURE, WITH A GREATER LIKELIHOOD AT HIGHER CLOZAPINE DOSES. CAUTION SHOULD BE USED WHEN ADMINISTERING CLOZAPINE TO PATIENTS HAVING A HISTORY OF SEIZURES OR OTHER PREDISPOSING FACTORS. PATIENTS SHOULD BE ADVISED NOT TO ENGAGE IN ANY ACTIVITY WHERE SUDDEN LOSS OF CONSCIOUSNESS COULD CAUSE SERIOUS RISK TO THEMSELVES OR OTHERS. (SEE WARNINGS)

**3. MYOCARDITIS**

ANALYSES OF POSTMARKETING SAFETY DATABASES SUGGEST THAT CLOZAPINE IS ASSOCIATED WITH AN INCREASED RISK OF FATAL MYOCARDITIS, ESPECIALLY DURING, BUT NOT LIMITED TO, THE FIRST MONTH OF THERAPY. IN PATIENTS IN WHOM MYOCARDITIS IS SUSPECTED, CLOZAPINE TREATMENT SHOULD BE PROMPTLY DISCONTINUED. (SEE WARNINGS)

**4. OTHER ADVERSE CARDIOVASCULAR AND RESPIRATORY EFFECTS**

ORTHOSTATIC HYPOTENSION, WITH OR WITHOUT SYNCOPE, CAN OCCUR WITH CLOZAPINE TREATMENT. RARELY, COLLAPSE CAN BE PROFOUND AND BE ACCOMPANIED BY RESPIRATORY AND/OR CARDIAC ARREST. ORTHOSTATIC HYPOTENSION IS MORE LIKELY TO OCCUR DURING INITIAL TITRATION IN ASSOCIATION WITH RAPID DOSE ESCALATION. IN PATIENTS WHO HAVE HAD EVEN A BRIEF INTERVAL OFF CLOZAPINE, i.e., 2 OR MORE DAYS SINCE THE LAST DOSE, TREATMENT SHOULD BE STARTED WITH 12.5 mg ONCE OR TWICE DAILY. (SEE WARNINGS and DOSAGE AND ADMINISTRATION)

SINCE COLLAPSE, RESPIRATORY ARREST AND CARDIAC ARREST DURING INITIAL TREATMENT HAS OCCURRED IN PATIENTS WHO WERE BEING ADMINISTERED BENZODIAZEPINES OR OTHER PSYCHOTROPIC DRUGS, CAUTION IS ADVISED WHEN CLOZAPINE IS INITIATED IN PATIENTS TAKING A BENZODIAZEPINE OR ANY OTHER PSYCHOTROPIC DRUG. (SEE WARNINGS)

## DESCRIPTION

Clozapine, an atypical antipsychotic drug, is a tricyclic dibenzodiazepine derivative, 8-chloro-11-(4-methyl-1-piperazinyl)-5H-dibenzo [b, e] [1,4] diazepine.

The structural formula is:

(INSERT STRUCTURE)



Clozapine is available in pale yellow tablets of 25 mg, 50 mg, and 100 mg for oral administration.

### **25 mg, 50 mg, and 100 mg Tablets**

*Active Ingredient:* clozapine is a yellow, crystalline powder, very slightly soluble in water.

*Inactive ingredients:* colloidal silicon dioxide, lactose monohydrate, magnesium stearate, povidone, starch (corn) and talc, USP.

## CLINICAL PHARMACOLOGY

### **Pharmacodynamics**

Clozapine is classified as an 'atypical' antipsychotic drug because its profile of binding to dopamine receptors and its effects on various dopamine mediated behaviors differ from those exhibited by more typical antipsychotic drug products. In particular, although clozapine does interfere with the binding of dopamine at D<sub>1</sub>, D<sub>2</sub>, D<sub>3</sub> and D<sub>5</sub> receptors, and has a high affinity for the D<sub>4</sub> receptor, it does not induce catalepsy nor inhibit apomorphine-induced stereotypy. This evidence, consistent with the view that clozapine is preferentially more active at limbic than at striatal dopamine receptors, may explain the relative freedom of clozapine from extrapyramidal side effects.

Clozapine also acts as an antagonist at adrenergic, cholinergic, histaminergic and serotonergic receptors.

### **Absorption, Distribution, Metabolism and Excretion**

In man, clozapine tablets (25 mg and 100 mg) are equally bioavailable relative to a clozapine solution. Following a dosage of 100 mg b.i.d., the average steady state peak plasma concentration was 319 ng/mL (range: 102-771 ng/mL), occurring at the average of 2.5 hours (range: 1-6 hours) after dosing. The average minimum concentration at steady state was 122 ng/mL, (range: 41-343 ng/mL), after 100 mg, b.i.d. dosing. Food does not appear to affect the systemic bioavailability of clozapine. Thus, clozapine may be administered with or without food.

Clozapine is approximately 97% bound to serum proteins. The interaction between clozapine and other highly protein-bound drugs has not been fully evaluated but may be important. (See PRECAUTIONS)

Clozapine is almost completely metabolized prior to excretion and only trace amounts of unchanged drug are detected in the urine and feces. Approximately 50% of the administered dose is excreted in the urine and 30% in

the feces. The demethylated, hydroxylated and N-oxide derivatives are components in both urine and feces. Pharmacological testing has shown the desmethyl metabolite to have only limited activity while the hydroxylated and N-oxide derivatives were inactive.

The mean elimination half-life of clozapine after a single 75 mg dose was 8 hours (range: 4-12 hours), compared to a mean elimination half-life, after achieving steady state with 100 mg b.i.d. dosing, of 12 hours (range: 4-66 hours). A comparison of single-dose and multiple-dose administration of clozapine showed that the elimination half-life increased significantly after multiple dosing relative to that after single-dose administration, suggesting the possibility of concentration dependent pharmacokinetics. However, at steady state, linearly dose-proportional changes with respect to AUC (area under the curve), peak and minimum clozapine plasma concentrations were observed after administration of 37.5 mg, 75 mg and, 150 mg b.i.d.

### **Human Pharmacology**

In contrast to more typical antipsychotic drugs, clozapine therapy produces little or no prolactin elevation.

As is true of more typical antipsychotic drugs, clinical EEG studies have shown that clozapine increases delta and theta activity and slows dominant alpha frequencies. Enhanced synchronization occurs, and sharp wave activity and spike and wave complexes may also develop. Patients, on rare occasions, may report an intensification of dream activity during clozapine therapy. REM sleep was found to be increased to 85% of the total sleep time. In these patients, the onset of REM sleep occurred almost immediately after falling asleep.

### **INDICATIONS AND USAGE**

Clozapine is indicated for the management of severely ill schizophrenic patients who fail to respond adequately to standard drug treatment for schizophrenia. Because of the significant risk of agranulocytosis and seizure associated with its use, clozapine should be used only in patients who have failed to respond adequately to treatment with appropriate courses of standard drug treatments for schizophrenia, either because of insufficient effectiveness or the inability to achieve an effective dose due to intolerable adverse effects from those drugs. (See WARNINGS)

The effectiveness of clozapine in a treatment resistant schizophrenic population was demonstrated in a 6-week study comparing clozapine and chlorpromazine. Patients meeting DSM-III criteria for schizophrenia and having a mean BPRS total score of 61 were demonstrated to be treatment resistant by history and by open, prospective treatment with haloperidol before entering into the double-blind phase of the study. The superiority of clozapine to chlorpromazine was documented in statistical analyses employing both categorical and continuous measures of treatment effect.

Because of the significant risk of agranulocytosis and seizure, events which both present a continuing risk over time, the extended treatment of patients failing to show an acceptable level of clinical response should ordinarily be avoided. In addition, the need for continuing treatment in patients exhibiting beneficial clinical responses should be periodically re-evaluated.

### **CONTRAINDICATIONS**

Clozapine is contraindicated in patients with a previous hypersensitivity to clozapine or any other component of this drug, in patients with myeloproliferative disorders, uncontrolled epilepsy, or a history of clozapine induced agranulocytosis or severe granulocytopenia. As with more typical antipsychotic drugs, clozapine is contraindicated in severe central nervous system depression or comatose states from any cause.

Clozapine should not be used simultaneously with other agents having a well-known potential to cause agranulocytosis or otherwise suppress bone marrow function.

The mechanism of clozapine induced agranulocytosis is unknown; nonetheless, it is possible that causative factors may interact synergistically to increase the risk and/or severity of bone marrow suppression.

## **WARNINGS**

### **General**

**BECAUSE OF THE SIGNIFICANT RISK OF AGRANULOCYTOSIS, A POTENTIALLY LIFE-THREATENING ADVERSE EVENT (SEE FOLLOWING), CLOZAPINE SHOULD BE RESERVED FOR USE IN THE TREATMENT OF SEVERELY ILL SCHIZOPHRENIC PATIENTS WHO FAIL TO SHOW AN ACCEPTABLE RESPONSE TO ADEQUATE COURSES OF STANDARD DRUG TREATMENT FOR SCHIZOPHRENIA, EITHER BECAUSE OF INSUFFICIENT EFFECTIVENESS OR THE INABILITY TO ACHIEVE AN EFFECTIVE DOSE DUE TO INTOLERABLE ADVERSE EFFECTS FROM THOSE DRUGS.**

**CONSEQUENTLY, BEFORE INITIATING TREATMENT WITH CLOZAPINE, IT IS STRONGLY RECOMMENDED THAT A PATIENT BE GIVEN AT LEAST 2 TRIALS, EACH WITH A DIFFERENT STANDARD DRUG PRODUCT FOR SCHIZOPHRENIA, AT AN ADEQUATE DOSE, AND FOR AN ADEQUATE DURATION.**

**PATIENTS WHO ARE BEING TREATED WITH CLOZAPINE MUST HAVE A BASELINE WHITE BLOOD CELL (WBC) AND DIFFERENTIAL COUNT BEFORE INITIATION OF TREATMENT, AND A WBC COUNT EVERY WEEK FOR THE FIRST SIX MONTHS. THEREAFTER, IF ACCEPTABLE WBC COUNTS (WBC greater than or equal to  $3,000/\text{mm}^3$ , ANC  $>1500/\text{mm}^3$ ) HAVE BEEN MAINTAINED DURING THE FIRST 6 MONTHS OF CONTINUOUS THERAPY, WBC COUNTS CAN BE MONITORED EVERY OTHER WEEK. WBC COUNTS MUST BE MONITORED WEEKLY FOR AT LEAST 4 WEEKS AFTER THE DISCONTINUATION OF CLOZAPINE.**

**CLOZAPINE IS AVAILABLE ONLY THROUGH A DISTRIBUTION SYSTEM THAT ENSURES MONITORING OF WBC COUNTS ACCORDING TO THE SCHEDULE DESCRIBED BELOW PRIOR TO DELIVERY OF THE NEXT SUPPLY OF MEDICATION.**

### **Agranulocytosis**

**Agranulocytosis, defined as an absolute neutrophil count (ANC) of less than  $500/\text{mm}^3$ , has been estimated to occur in association with clozapine use at a cumulative incidence at 1 year of approximately 1.3%, based on the occurrence of 15 US cases out of 1743 patients exposed to clozapine during its clinical testing prior to domestic marketing. All of these cases occurred at a time when the need for close monitoring of WBC counts was already recognized. This reaction could prove fatal if not detected early and therapy interrupted. Of the 149 cases of agranulocytosis reported worldwide in association with clozapine use as of December 31, 1989, 32% were fatal. However, few of these deaths occurred since 1977, at which time the knowledge of clozapine induced agranulocytosis became more widespread, and close monitoring of WBC counts more widely practiced. Nevertheless, it is unknown at present what the case fatality rate will be for clozapine induced agranulocytosis, despite strict adherence to the required frequency of monitoring. In the U.S., under a weekly WBC monitoring system with clozapine, there have been 585 cases of agranulocytosis as of August 21, 1997; 19 were fatal. During, this period 150,409 patients received clozapine. A hematologic risk analysis was conducted based upon the available information in the Clozaril® National Registry (CNR) for U.S. patients. Based upon a cut-off date of April 30, 1995, the incidence rates of agranulocytosis based upon a weekly monitoring schedule, rose steeply during the first two months of therapy, peaking in the third month. Among clozapine patients who continued the drug beyond the third month, the weekly incidence of agranulocytosis fell to a substantial degree, so that by the sixth month the weekly incidence of agranulocytosis was reduced to 3 per 1000 person-years. After six months, the weekly incidence of agranulocytosis declines still further, however, never reaches zero. It should be noted that any type of reduction in the frequency of monitoring WBC counts may result in an increase incidence of agranulocytosis.**

Because of the substantial risk for developing agranulocytosis in association with clozapine use, which may persist over an extended period of time, patients must have a blood sample drawn for a WBC count before initiation of treatment with clozapine, and must have subsequent WBC counts done at least weekly for the first 6 months of continuous treatment. If WBC counts remain acceptable (WBC greater than or equal to  $3000/\text{mm}^3$ , ANC  $>1500/\text{mm}^3$ ) during this period, WBC counts may be monitored every other week thereafter. After the discontinuation of clozapine, weekly WBC counts should be continued for an additional 4 weeks.

If a patient is on clozapine therapy for less than 6 months with no abnormal blood events and there is a break on therapy which is less than or equal to 1 month, then patients can continue where they left off with weekly WBC testing for 6 months. When this 6-month period has been completed, the frequency of WBC count monitoring can be reduced to every other week. If a patient is on clozapine therapy for less than 6 months with no abnormal blood events and there is a break on therapy which is greater than 1 month, then patients should be tested weekly for an additional 6-month period before biweekly testing is initiated. If a patient is on clozapine therapy for less than 6 months and experiences an abnormal blood event as described below but remains a rechallengeable patient patients cannot be reinitiated on clozapine therapy if WBC counts fall below  $2000/\text{mm}^3$  or the ANC falls below  $1000/\text{mm}^3$  during clozapine therapy, the patient must restart the 6-month period of weekly WBC monitoring at day 0.

If a patient is on clozapine therapy for 6 months or longer with no abnormal blood tests and there is a break on therapy which is 1 year or less, then the patient can continue WBC count monitoring every other week if clozapine therapy is reinitiated. If a patient is on clozapine therapy for 6 months or longer with no abnormal blood events and there is a break on therapy which is greater than 1 year, then, if clozapine therapy is reinitiated, the patient must have WBC counts monitored weekly for an additional 6 months. If a patient is on clozapine therapy for 6 months or longer and subsequently has an abnormal blood event, but remains a rechallengeable patient, then the patient must restart weekly WBC count monitoring until an additional 6 months of clozapine therapy has been received. The distribution of clozapine is contingent upon performance of the required blood tests.

Treatment should not be initiated if the WBC count is less than  $3500/\text{mm}^3$ , or if the patient has a history of a myeloproliferative disorder, or previous clozapine induced agranulocytosis or granulocytopenia. Patients should be advised to report immediately the appearance of lethargy, weakness, fever, sore throat or any other signs of infection. If, after the initiation of treatment, the total WBC count has dropped below  $3500/\text{mm}^3$  or it has dropped by a substantial amount from baseline, even if the count is above  $3500/\text{mm}^3$ , or if immature forms are present, a repeat WBC count and a differential count should be done. A substantial drop is defined as a single drop of 3,000 or more in the WBC count or a cumulative drop of 3,000 or more within 3 weeks. If subsequent WBC counts and the differential count reveal a total WBC count between 3000 and  $3500/\text{mm}^3$  and an ANC above  $1500/\text{mm}^3$ , twice weekly WBC counts and differential counts should be performed.

If the total WBC count falls below  $3000/\text{mm}^3$  or the ANC below  $1500/\text{mm}^3$  clozapine therapy should be interrupted, WBC count and differential should be performed daily, and patients should be carefully monitored for flu-like symptoms or other symptoms suggestive of infection. Clozapine therapy may be resumed if no symptoms of infection develop, and if the total WBC count returns to levels above  $3000/\text{mm}^3$  and the ANC returns to levels above  $1500/\text{mm}^3$ . However, in this event, twice-weekly WBC counts and differential counts should continue until total WBC counts return to levels above  $3500/\text{mm}^3$ .

If the total WBC count falls below  $2000/\text{mm}^3$  or the ANC falls below  $1000/\text{mm}^3$  bone marrow aspiration should be considered to ascertain granulopoietic status. Protective isolation with close observation may be indicated if granulopoiesis is determined to be deficient. Should evidence of infection develop, the patient should have appropriate cultures performed and an appropriate antibiotic regimen instituted.

Patients whose total WBC counts fall below  $2000/\text{mm}^3$ , or ANCs below  $1000/\text{mm}^3$  during clozapine therapy should have daily WBC count and differential. These patients should not be rechallenged with clozapine. Patients discontinued from clozapine therapy due to significant WBC suppression have been found to

develop agranulocytosis upon rechallenge, often with a shorter latency on re-exposure. To reduce the chances of rechallenge occurring in patients who have experienced significant bone marrow suppression during clozapine therapy, a single, national master file will be maintained confidentially.

Except for evidence of significant bone marrow- suppression during initial clozapine therapy, there are no established risk factors, based on worldwide experience, for the development of agranulocytosis in association with clozapine use. However, a disproportionate number of the U.S. cases of agranulocytosis occurred in patients of Jewish background compared to the overall proportion of such patients exposed during domestic development of clozapine. Most of the U.S. cases occurred within 4-10 weeks of exposure, but neither dose nor duration is a reliable predictor of this problem. No patient characteristics have been clearly linked to the development of agranulocytosis in association with clozapine, use, but agranulocytosis associated with other antipsychotic drugs has been reported to occur with a greater frequency in women, the elderly and in patients who are cachectic or have serious underlying medical illness; such patients may also be at particular risk with clozapine.

To reduce the risk of agranulocytosis developing undetected, clozapine is available only through a distribution system that ensures monitoring of WBC counts according to the schedule described above prior to delivery of the next supply of medication.

(INSERT FLOWCHART)

### **Eosinophilia**

In clinical trials, 1% of patients developed eosinophilia, which, in rare cases, can be substantial. If a differential count reveals a total eosinophil count above 3,000/mm<sup>3</sup>, clozapine therapy should be interrupted until the eosinophil count falls below 3,000/mm<sup>3</sup>.

### **Seizures**

Seizure has been estimated to occur in association with clozapine use at a cumulative incidence at one year of approximately 5%, based on the occurrence of one or more seizures in 61 of 1743 patients exposed to clozapine during its clinical testing prior to domestic marketing (i.e., a crude rate of 3.5%). Dose appears to be an important predictor of seizure, with a greater likelihood of seizure at the higher clozapine doses used.

Caution should be used in administering clozapine to patients having a history of seizures or other predisposing factors. Because of the substantial risk of seizure associated with clozapine use, patients should be advised not to engage in any activity where sudden loss of consciousness could cause serious risk to themselves or others, e.g., the operation of complex machinery, driving an automobile, swimming, climbing, etc.

### **Myocarditis**

Post-market<sup>2</sup> surveillance data from four countries that employ hematological monitoring of clozapine-treated patients revealed: 30 reports of myocarditis with 17 fatalities in 205,493 U.S. patients (August 2001); 7 reports of myocarditis with 1 fatality in 15,600 Canadian patients (April 2001); 30 reports of myocarditis with 8 fatalities in 24,108 U.K. patients (August 2001); 15 reports of myocarditis with 5 fatalities in 8,000 Australian patients (March 1999). These reports represent an incidence of 5.0, 16.3, 43.2 and 96.6 cases/100,000 patient years, respectively. The number of fatalities represent an incidence of 2.8, 2.3, 11.5, and 32.2 cases/100,000 patient years, respectively.

The overall incidence rate of myocarditis in patients with schizophrenia treated with antipsychotic agents is unknown. However, for the established market economies (WHO), the incidence of myocarditis is 0.3 cases/100,000 patient years and the fatality rate is 0.2 cases/100,000 patient years. Therefore, the rate of myocarditis in clozapine-treated patients appears to be 17-322 times greater than the general population

and is associated with an increased risk of fatal myocarditis that is 14-161 times greater than the general population.

The total reports of myocarditis for these four countries was 82 of which 51 (62%) occurred within the first month of clozapine treatment, 25 (31%) occurred after the first month of therapy and 6 (7%) were unknown. The median duration of treatment was 3 weeks. Of 5 patients rechallenged with clozapine, 3 had a recurrence of myocarditis. Of the 82 reports, 31(38%) were fatal and 25 patients who died had evidence of myocarditis at autopsy. These data also suggest that the incidence of fatal myocarditis may be higher during the first month of therapy.

Therefore, the possibility of myocarditis should be considered in patients receiving clozapine who present with unexplained fatigue, dyspnea, tachypnea, fever, chest pain, palpitations, other signs or symptoms of heart failure, or electrocardiographic findings such as ST-T wave abnormalities or arrhythmias. It is not known whether eosinophilia is a reliable predictor of myocarditis. Tachycardia, which has been associated with clozapine treatment, has also been noted as a presenting sign in patients with myocarditis. Therefore, tachycardia during the first month of therapy warrants close monitoring for other signs of myocarditis.

Prompt discontinuation of clozapine treatment is warranted upon suspicion of myocarditis. Patients with clozapine-related myocarditis should not be rechallenged with clozapine.

#### **Other Adverse Cardiovascular and Respiratory Effects**

Orthostatic hypotension with or without syncope can occur with clozapine treatment and may represent a continuing risk in some patients. Rarely (approximately 1 case per 3,000 patients), collapse can be profound and be accompanied by respiratory and/or cardiac arrest. Orthostatic hypotension is more likely to occur during initial titration in association with rapid dose escalation and may even occur on first dose. In one report, initial doses as low as 12.5 mg, were associated with collapse and respiratory arrest. When restarting patients who have had even a brief interval off clozapine, i.e., 2 days or more since the last dose, it is recommended that treatment be reinitiated with one-half of a 25 mg tablet (12.5 mg) once or twice daily. (See DOSAGE AND ADMINISTRATION)

Some of the cases of collapse/respiratory arrest/cardiac arrest during initial treatment occurred in patients who were being administered benzodiazepines; similar events have been reported in patients taking other psychotropic drugs or even clozapine by itself. Although it has not been established that there is an interaction between clozapine and benzodiazepines or other psychotropics, caution is advised when clozapine is initiated in patients taking a benzodiazepine or any other psychotropic drug.

Tachycardia, which may be sustained, has also been observed in approximately 25% of patients taking clozapine, with patients having an average increase in pulse rate of 10-15 bpm. The sustained tachycardia is not simply a reflex response to hypotension, and is present in all positions monitored. Either tachycardia or hypotension may pose a serious risk for an individual with compromised cardiovascular function.

A minority of clozapine treated patients experience ECG repolarization changes similar to those seen with other antipsychotic drugs, including S-T segment depression and flattening or inversion of T waves, which all normalize after discontinuation of clozapine. The clinical significance of these changes is unclear. However, in clinical trials with clozapine, several patients experienced significant cardiac events, including ischemic changes, myocardial infarction, arrhythmias and sudden death. In addition there have been postmarketing reports of congestive heart failure. Causality assessment was difficult in many of these cases because of serious preexisting cardiac disease and plausible alternative causes. Rare instances of sudden death have been reported in psychiatric patients, with or without associated antipsychotic drug treatment, and the relationship of these events to antipsychotic drug use is unknown.

Clozapine should be used with caution in patients with known cardiovascular and/or pulmonary disease, and the recommendation for gradual titration of dose should be carefully observed.

#### **Neuroleptic Malignant Syndrome (NMS)**

A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with antipsychotic drugs. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status and evidence of autonomic instability, (irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmias).

The diagnostic evaluation of patients with this syndrome is complicated. In arriving, at a diagnosis, it is important to identify cases where the clinical presentation includes both serious medical illness (e.g., pneumonia, systemic infection, etc.) and untreated or inadequately treated extrapyramidal signs and symptoms (EPS). Other important considerations in the differential diagnosis include central anticholinergic toxicity, heat stroke, drug fever and primary central nervous system (CNS) pathology.

The management of NMS should include 1) immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy, 2) intensive symptomatic treatment and medical monitoring, and 3) treatment of any concomitant serious medical problems for which specific treatments are available. There is no general agreement about specific pharmacological treatment regimens for uncomplicated NMS.

If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences of NMS have been reported.

There have been several reported cases of NMS in patients receiving clozapine alone or in combination with lithium or other CNS-active agents.

### **Tardive Dyskinesia**

A syndrome consisting of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. Although the prevalence of the syndrome appears to be highest among the elderly, especially elderly women, it is impossible to rely upon prevalence estimates to predict, at the inception of treatment, which patients are likely to develop the syndrome.

There are several reasons for predicting that clozapine may be different from other antipsychotic drugs in its potential for inducing tardive dyskinesia, including the preclinical finding that it has a relatively weak dopamine-blocking effect and the clinical finding of a virtual absence of certain acute extrapyramidal symptoms, e.g., dystonia. A few cases of tardive dyskinesia have been reported in patients on clozapine who had been previously treated with other antipsychotic agents, so that a causal relationship cannot be established. There have been no reports of tardive dyskinesia directly attributable to clozapine alone. Nevertheless, it cannot be concluded, without more extended experience, that clozapine is incapable of inducing this syndrome.

Both the risk of developing the syndrome and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic drugs administered to the patient increase. However, the syndrome can develop, although much less commonly, after relatively brief treatment periods at low doses. There is no known treatment for established cases of tardive dyskinesia, although the syndrome may remit, partially or completely, if antipsychotic drug treatment is withdrawn. Antipsychotic drug treatment, itself, however, may suppress (or partially suppress) the signs and symptoms of the syndrome and thereby may possibly mask the underlying process. The effect that symptom suppression has upon the long-term course of the syndrome is unknown.

Given these considerations, clozapine should be prescribed in a manner that is most likely to minimize the occurrence of tardive dyskinesia. As with any antipsychotic drug, chronic clozapine use should be reserved for patients who appear to be obtaining substantial benefit from the drug. In such patients, the smallest dose and the shortest duration of treatment should be sought. The need for continued treatment should be reassessed periodically.

If signs and symptoms of tardive dyskinesia appear in a patient on clozapine, drug discontinuation should be

considered. However, some patients may require treatment with clozapine despite the presence of the syndrome.

## **PRECAUTIONS**

### **General**

Because of the significant risk of agranulocytosis and seizure, both of which present a continuing risk over time, the extended treatment of patients failing to show an acceptable level of clinical response should ordinarily be avoided. In addition, the need for continuing treatment in patients excluding beneficial clinical responses should be periodically re-evaluated. Although it is not known whether the risk would be increased, it is prudent either to avoid clozapine or use it cautiously in patients with a previous history of agranulocytosis induced by other drugs.

### **Fever**

During clozapine therapy, patients may experience transient temperature elevations above 100.4°F (38°C), with the peak incidence within the first 3 weeks of treatment. While this fever is generally benign and self limiting, it may necessitate discontinuing patients from treatment. On occasion, there may be an associated increase or decrease in WBC count. Patients with fever should be carefully evaluated to rule out the possibility of an underlying infectious process or the development of agranulocytosis. In the presence of high fever, the possibility of Neuroleptic Malignant Syndrome (NMS) must be considered. There have been several reports of NMS in patients receiving clozapine, usually in combination with lithium or other CNS-active drugs. [See Neuroleptic Malignant Syndrome (NMS), under WARNINGS]

### **Pulmonary Embolism**

The possibility of pulmonary embolism should be considered in patients receiving clozapine who present with deep vein thrombosis, acute dyspnea, chest pain or with other respiratory signs and symptoms. As of December 31, 1993 there were 18 cases of fatal pulmonary embolism in association with clozapine therapy in users 10-54 years of age. Based upon the extent of use observed in the Clozaril® National Registry, the mortality rate associated with pulmonary embolus was 1 death per 3450 person-years of use. This rate was about 27.5 times higher than that in the general population of a similar age and gender (95% Confidence Interval; 17.1,42.2). Deep vein thrombosis has also been observed in association with clozapine therapy. Whether pulmonary embolus can be attributed to clozapine or some characteristic(s) of its users is not clear, but the occurrence of deep vein thrombosis or respiratory symptomatology should suggest its presence.

### **Hyperglycemia**

Severe hyperglycemia, sometimes leading to ketoacidosis, has been reported during clozapine treatment in patients with no prior history of hyperglycemia. While a causal relationship to clozapine use has not been definitively established, glucose levels normalized in most patients after discontinuation of clozapine, and a rechallenge in one patient produced a recurrence of hyperglycemia. The effect of clozapine on glucose metabolism in patients with diabetes mellitus has not been studied. The possibility of impaired glucose tolerance should be considered in patients receiving clozapine who develop symptoms of hyperglycemia, such as polydipsia, polyuria, polyphagia, and weakness. In patients with significant treatment-emergent hyperglycemia, the discontinuation of clozapine should be considered.

### **Hepatitis**

Caution is advised in patients using clozapine who have concurrent hepatic disease. Hepatitis has been reported in both patients with normal and pre-existing liver function abnormalities. In patients who develop nausea, vomiting, and/or anorexia during clozapine treatment, liver function tests should be performed immediately. If the elevation of these values is clinically relevant or if symptoms of jaundice occur, treatment with clozapine should be discontinued.

### **Anticholinergic Toxicity**

#### **Eye**

Clozapine has potent anticholinergic effects and care should be exercised in using this drug in the presence of narrow angle glaucoma.

#### **Gastrointestinal**

Clozapine use has been associated with varying degrees of impairment of intestinal peristalsis, ranging from constipation to intestinal obstruction, fecal impaction and paralytic ileus (see ADVERSE REACTIONS). On rare occasions, these cases have been fatal. Constipation should be initially treated by ensuring adequate hydration, and use of ancillary therapy such as bulk laxatives. Consultation with a gastroenterologist is advisable in more serious cases.

#### **Prostate**

Clozapine has potent anticholinergic effects and care should be exercised in using this drug in the presence of prostatic enlargement.

#### **Interference with Cognitive and Motor Performance**

Because of initial sedation, clozapine may impair mental and/or physical abilities, especially during the first few days of therapy. The recommendations for gradual dose escalation should be carefully adhered to, and patients cautioned about activities requiring alertness.

#### **Use in Patients with Concomitant Illness**

Clinical experience with clozapine in patients with concomitant systemic diseases is limited. Nevertheless, caution is advisable in using clozapine in patients with renal or cardiac disease.

#### **Use in Patients Undergoing General Anesthesia**

Caution is advised in patients being administered general anesthesia because of the CNS effects of clozapine. Check with the anesthesiologist regarding continuation of clozapine therapy in a patient scheduled for surgery.

#### **Information for Patients**

Physicians are advised to discuss the following issues with patients for whom they prescribe clozapine:

- Patients who are to receive clozapine should be warned about the significant risk of developing agranulocytosis. They should be informed that weekly blood tests are required for the first 6 months, if acceptable WBC counts (WBC greater than or equal to  $3000/\text{mm}^3$ ,  $\text{ANC} \geq 1500/\text{mm}^3$ ) have been maintained during the first 6 months of continuous therapy, then WBC counts can be monitored every other week in order to monitor for the occurrence of agranulocytosis, and that clozapine tablets will be made available only through a special program designed to ensure the required blood monitoring. Patients should be advised to report immediately the appearance of lethargy, weakness, fever, sore throat, malaise, mucous membrane ulceration or other possible signs of infection. Particular attention should be paid to any flu-like complaints or other symptoms that might suggest infection.
- Patients should be informed of the significant risk of seizure during clozapine treatment, and they should be advised to avoid driving and any other potentially hazardous activity while taking clozapine.
- Patients should be advised of the risk of orthostatic hypotension, especially during the period of initial dose titration.
- Patients should be informed that if they stop taking, clozapine for more than 2 days, they should not restart their medication at the same dosage, but should contact their physician for dosing instructions.
- Patients should notify their physician if they are taking, or plan to take, any prescription or over-the-counter drugs or alcohol.
- Patients should notify their physician if they become pregnant or intend to become pregnant during therapy.
- Patients should not breast feed an infant if they are taking clozapine.

#### **Drug Interactions**

The risks of using clozapine in combination with other drugs have not been systematically evaluated.

### **Pharmacodynamic-related Interactions**

The mechanism of clozapine induced agranulocytosis is unknown; nonetheless, the possibility that causative factors may interact synergistically to increase the risk and/or severity of bone marrow suppression warrants consideration. Therefore, clozapine should not be used with other agents having a well-known potential to suppress bone marrow function.

Given the primary CNS effects of clozapine, caution is advised in using it concomitantly with other CNS-active drugs or alcohol.

Orthostatic hypotension in patients taking clozapine can, in rare cases (approximately 1 case per 3,000 patients), be accompanied by profound collapse and respiratory and/or cardiac arrest. Some of the cases of collapse/respiratory arrest/cardiac arrest during initial treatment occurred in patients who were being administered benzodiazepines; similar events have been reported in patients taking other psychotropic drugs or even clozapine by itself. Although it has not been established that there is an interaction between clozapine and benzodiazepines or other psychotropics, caution is advised when clozapine is initiated in patients taking a benzodiazepine or any other psychotropic drug.

**Clozapine may potentiate the hypotensive effects of antihypertensive drugs and the anticholinergic effects of atropine-type drugs. The administration of epinephrine should be avoided in the treatment of drug induced hypotension because of a possible reverse epinephrine effect.**

### **Pharmacokinetic-related Interactions**

Clozapine is a substrate for many CYP 450 isozymes, in particular IA2, 2D6, and 3A4. The risk of metabolic interactions caused by an effect on an individual isoform is therefore minimized. Nevertheless, caution should be used in patients receiving concomitant treatment with other drugs which are either inhibitors or inducers of these enzymes.

Concomitant administration of drugs known to induce cytochrome P450 enzymes may decrease the plasma levels of clozapine. Phenytoin, nicotine, and rifampin may decrease clozapine plasma levels, resulting in a decrease in effectiveness of a previously effective clozapine dose.

Concomitant administration of drugs known to inhibit the activity of cytochrome P450 isozymes may increase the plasma levels of clozapine. Cimetidine, caffeine, and erythromycin may increase plasma levels of clozapine, potentially resulting in adverse effects. Although concomitant use of clozapine and carbamazepine is not recommended, it should be noted that discontinuation of concomitant carbamazepine administration may result in an increase in clozapine plasma levels.

In a study of schizophrenic patients who received clozapine under steady state conditions, fluvoxamine or paroxetine was added in 16 and 14 patients, respectively. After 14 days of co-administration, mean trough concentrations of clozapine and its metabolites, N-desmethylclozapine and clozapine N-oxide, were elevated with fluvoxamine by about threefold compared to-baseline concentrations. Paroxetine produced only minor changes in the levels of clozapine and its metabolites. However, other published reports describe modest elevations (less than two-fold) of clozapine and metabolite concentrations when clozapine was taken with paroxetine, fluoxetine, and sertraline. Therefore, such combined treatment should be approached with caution and patients should be monitored closely when clozapine is combined with these drugs, particularly with fluvoxamine. A reduced clozapine dose should be considered.

A subset (3%-10%) of the population has reduced activity of certain drug metabolizing enzymes such as the cytochrome P450 isozyme P450 2D6. Such individuals are referred to as "poor metabolizers" of drugs such as debrisoquin, dextromethorphan, the tricyclic antidepressants, and clozapine. These individuals may develop higher than expected plasma concentrations of clozapine when given usual doses. In addition, certain drugs that are metabolized by this isozyme, including many antidepressants (clozapine, selective serotonin reuptake inhibitors, and others), may inhibit the activity of this isozyme, and thus may make normal metabolizers resemble poor metabolizers with regard to concomitant therapy with other drugs metabolized by this enzyme system,

leading to drug interaction.

Concomitant use of clozapine with other drugs metabolized by cytochrome P450 2D6 may require lower doses than usually prescribed for either clozapine or the other drug. Therefore, co-administration of clozapine with other drugs that are metabolized by this isozyme, including antidepressants, phenothiazines, carbamazepine, and Type IC antiarrhythmics (e.g., propafenone, flecainide and encainide), or that inhibit this enzyme (e.g., quinidine), should be approached with caution.

#### **Carcinogenesis, Mutagenesis, Impairment of Fertility**

No carcinogenic potential was demonstrated in long-term studies in mice and rats at doses approximately 7 times the typical human dose on a mg/kg basis. Fertility in male and female rats was not adversely affected by clozapine. Clozapine did not produce genotoxic or mutagenic effects when assayed in appropriate bacterial and mammalian tests.

#### **Pregnancy Category B**

Reproduction studies have been performed in rats and rabbits at doses of approximately 2-4 times the human dose and have revealed no evidence of impaired fertility or harm to the fetus due to clozapine. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, and in view of the desirability of keeping the administration of all drugs to a minimum during pregnancy, this drug should be used only if clearly needed.

#### **Nursing Mothers**

Animal studies suggest that clozapine may be excreted in breast milk and have an effect on the nursing infant. Therefore, women receiving clozapine should not breast feed.

#### **Pediatric Use**

Safety and effectiveness in pediatric patients have not been established.

#### **Geriatric Use**

Clinical studies of clozapine did not include sufficient numbers of subjects age 65 and over to determine whether they respond differently from younger subjects.

Orthostatic hypotension can occur with clozapine treatment and tachycardia, which may be sustained, has been observed in about 25% of patients taking clozapine (see WARNINGS, Other Adverse Cardiovascular Respiratory Effects). Elderly patients, particularly those with compromised cardiovascular functioning, may be more susceptible to these effects.

Also, elderly patients may be particularly susceptible to the anticholinergic effects of clozapine, such as urinary retention and constipation. (See PRECAUTIONS, Anticholinergic Toxicity)

Dose selection for an elderly patient should be cautious, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy. Other reported clinical experience does suggest that the prevalence of tardive dyskinesia appears to be highest among the elderly, especially elderly women. (See WARNINGS, Tardive Dyskinesia)

### **ADVERSE REACTIONS**

#### **Associated with Discontinuation of Treatment**

Sixteen percent of 1080 patients who received clozapine in premarketing clinical trials discontinued treatment due to an adverse event, including, both those that could be reasonably attributed to clozapine treatment and those that might more appropriately be considered intercurrent illness. The more common events considered to be causes of discontinuation included: CNS, primarily drowsiness/sedation, seizures, dizziness/syncope; cardiovascular, primarily tachycardia, hypotension and ECG changes; gastrointestinal, primarily nausea/vomiting; hematologic, primarily leukopenia/granulocytopenia/agranulocytosis, and fever. None of the events enumerated accounts for more than 1.7% of all discontinuations attributed to adverse clinical events.

### Commonly Observed

Adverse events observed in association with the use of clozapine in clinical trials at an incidence of greater than 5% were: central nervous system complaints, including, drowsiness/sedation, dizziness/vertigo, headache and tremor; autonomic nervous system complaints, including salivation, sweating, dry mouth and visual disturbances; cardiovascular findings, including tachycardia, hypotension and syncope; and gastrointestinal complaints, including constipation and nausea; and fever. Complaints of drowsiness/sedation tend to subside with continued therapy or dose reduction. Salivation may be profuse, especially during sleep, but may be diminished with dose reduction.

### Incidence in Clinical Trials

The following table enumerates adverse events that occurred at a frequency of 1% or greater among clozapine patients who participated in clinical trials. These rates are not adjusted for duration of exposure.

**Treatment-Emergent Adverse Experience Incidence  
Among Patients Taking Clozapine in Clinical Trials  
(N = 342)  
(Percentage of Patients Reporting)**

Body System	Adverse Event <sup>a</sup>	Percent
<b>Central Nervous System</b>		
	Drowsiness/Sedation	39
	Dizziness/Vertigo	19
	Headache	7
	Tremor	6
	Syncope	6
	Disturbed sleep/Nightmares	4
	Restlessness	4
	Hypokinesia/Akinesia	4
	Agitation	4
	Seizures (convulsions)	3 <sup>b</sup>
	Rigidity	3
	Akathisia	3
	Confusion	3
	Fatigue	2
	Insomnia	2
	Hyperkinesia	1
	Weakness	1
	Lethargy	1
	Ataxia	1
	Slurred speech	1
	Depression	1
	Epileptiform movements/Myoclanic jerks	1
	Anxiety	1
<b>Cardiovascular</b>		
	Tachycardia	25 <sup>b</sup>
	Hypotension	9
	Hypertension	4
	Chest pain/Angina	1
	ECG change/Cardiac abnormality	1

<b>Gastrointestinal</b>	
Constipation	14
Nausea	5
Abdominal discomfort/Heartburn	4
Vomiting	3
Diarrhea	2
Liver test abnormality	1
Anorexia	1
<hr/>	
<b>Urogenital</b>	
Urinary abnormalities	2
Incontinence	1
Abnormal ejaculation	1
Urinary urgency/frequency	1
Urinary retention	1
<hr/>	
<b>Autonomic Nervous System</b>	
Salivation	31
Sweating	6
Dry mouth	6
Visual disturbances	5
<hr/>	
<b>Integumentary (Skin)</b>	
Rash	2
<hr/>	
<b>Musculoskeletal</b>	
Muscle weakness	1
Pain (back, neck, legs)	1
Muscle spasm	1
Muscle pain, ache	1
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<b>Respiratory</b>	
Throat discomfort	1
Dyspnea, shortness of breath	1
Nasal congestion	1
<hr/>	
<b>Hemic/Lymphatic</b>	
Leukopenia/Decreased WBC/Neutropenia	3
Agranulocytosis	1 <sup>b</sup>
Eosinophilia	1
<hr/>	
<b>Miscellaneous</b>	
Fever	5
Weight gain	4
Tongue numb/sore	1
<hr/>	

<sup>a</sup> Events reported by at least 1 % of clozapine patients are included.

<sup>b</sup> Rate based on population of approximately 1700 exposed during premarket clinical evaluation of clozapine.

### **Other Events Observed During the Premarketing Evaluation of clozapine**

This section reports additional, less frequent adverse events which occurred among the patients taking, clozapine in clinical trials. Various adverse events were reported as part of the total experience in these clinical studies; a causal relationship to clozapine treatment cannot be determined in the absence of appropriate controls in some of the studies. The table above enumerates adverse events that occurred at a frequency of at least 1% of patients treated with clozapine. The list below includes all additional adverse experiences reported as being temporally associated with the use of the drug which occurred at a frequency less than 1%, enumerated by organ system.

**Central Nervous System:** loss of speech, amnesia, tics, poor coordination, delusions/hallucinations, involuntary movement, stuttering, dysarthria, amnesia/memory loss, histrionic movements, libido increase or decrease, paranoia, shakiness, Parkinsonism, and irritability.

**Cardiovascular System:** edema, palpitations, phlebitis/thrombophlebitis, cyanosis, premature ventricular contraction, bradycardia, and nose bleed.

**Gastrointestinal System:** abdominal distention, gastroenteritis, rectal bleeding, nervous stomach, abnormal stools, hematemesis, gastric ulcer, bitter taste, and eructation.

**Urogenital System:** dysmenorrhea, impotence, breast pain/discomfort and vaginal itch/infection.

**Autonomic Nervous System:** numbness, polydipsia, hot flashes, dry throat, and mydriasis,

**Integumentary (Skin):** pruritus, pallor, eczema, erythema, bruise, dermatitis, petechiae, and urticaria.

**Musculoskeletal System:** twitching and joint pain.

**Respiratory System:** coughing, pneumonia/pneumonia-like symptoms, rhinorrhea, hyperventilation, wheezing, bronchitis, laryngitis, and sneezing.

**Hemic and Lymphatic System:** anemia and leukocytosis.

**Miscellaneous:** chills/chills with fever, malaise, appetite increase, ear disorder, hypothermia, eyelid disorder, bloodshot eyes, and nystagmus.

### **Postmarketing Clinical Experience**

Postmarketing experience has shown an adverse experience profile similar to that presented above. Voluntary reports of adverse events temporally associated with clozapine not mentioned above that have been received since market introduction and that may have no causal relationship with the drug include the following:

**Central Nervous System:** delirium; EEG abnormal; exacerbation of psychosis; myoclonus; overdose; paresthesia; possible mild cataplexy; and status epilepticus.

**Cardiovascular System:** atrial or ventricular fibrillation and periorbital edema.

**Gastrointestinal System:** acute pancreatitis; dysphagia; fecal impaction, intestinal obstruction/paralytic ileus, and salivary gland swelling

**Hepatobiliary System:** cholestasis; hepatitis; jaundice.

**Hepatic System:** cholestasis.

**Urogenital System:** acute interstitial nephritis and priapism.

**Integumentary (Skin):** hypersensitivity reactions: photosensitivity, vasculitis, ery-thema multiforme, and Stevens-Johnson Syndrome.

**Musculoskeletal System:** myasthenic syndrome and rhabdomyolysis.

**Respiratory System:** aspiration and pleural effusion.

**Hemic and Lymphatic System:** deep vein thrombosis; elevated hemoglobin/hematocrit; ESR increased; pulmonary embolism; sepsis; thrombocytosis; and thrombocytopenia.

**Vision Disorders:** narrow angle glaucoma

**Miscellaneous:** CPK elevation; hyperglycemia; hyperuricemia; hyponatremia; and weight loss.

## **DRUG ABUSE AND DEPENDENCE**

Physical and psychological dependence have not been reported or observed in patients taking clozapine.

## **OVERDOSAGE**

### **Human Experience**

The most commonly reported signs and symptoms associated with clozapine overdose are: altered states of consciousness, including drowsiness, delirium and coma; tachycardia; hypotension; respiratory depression or failure; hypersalivation. Aspiration pneumonia and cardiac arrhythmias have also been reported. Seizures have occurred in a minority of reported cases. Fatal overdoses have been reported with clozapine, generally at doses above 2500 mg. There have also been reports of patients recovering from overdoses well in excess of 4 g.

### **Management of Overdose**

Establish and maintain an airway; ensure adequate oxygenation and ventilation. Activated charcoal, which may be used with sorbitol, may be as or more effective than emesis or lavage, and should be considered in treating overdose. Cardiac and vital signs monitoring is recommended along with general symptomatic and supportive measures. Additional surveillance should be continued for several days because of the risk of delayed effects. Avoid epinephrine and derivatives when treating hypotension, and quinidine and procainamide when treating cardiac arrhythmia.

There are no specific antidotes for clozapine. Forced diuresis, dialysis, hemoperfusion and exchange transfusion are unlikely to be of benefit.

In managing overdose, the physician should consider the possibility of multiple drug involvement.

Up-to-date information about the treatment of overdose can often be obtained from a certified Regional Poison Control Center. Telephone numbers of certified Poison Control Centers are listed in the Physicians' Desk Reference ®.\*

## **DOSAGE AND ADMINISTRATION**

Upon initiation of clozapine therapy, up to a 1 week supply of additional clozapine tablets may be provided to the patient to be held for emergencies (e.g, weather, holidays).

### **Initial Treatment**

It is recommended that treatment with clozapine begin with one-half of a 25 mg tablet (12.5 mg, once or twice daily and then be continued with daily dosage increments of 25-50 mg/day, if well-tolerated, to achieve a target dose of 300-450 mg/day by the end of 2 weeks. Subsequent dosage increments should be made no more than once or twice-weekly, in increments not to exceed 100 mg. Cautious titration and a divided dosage schedule are

necessary to minimize the risks of hypotension, seizure, and sedation.

In the multicenter study that provides primary support for the effectiveness of clozapine in patients resistant to standard drug treatment for schizophrenia, patients were titrated during the first 2 weeks up to a maximum dose of 500 mg/day, on a t.i.d. basis, and were then dosed in a total daily dose range of 100-900 mg/day, on a t.i.d. basis thereafter, with clinical response and adverse effects as guides to correct dosing.

### **Therapeutic Dose Adjustment**

Daily dosing, should continue on a divided basis as an effective and tolerable dose level is sought. While many patients respond adequately at doses between 300-600 mg/day, it may be necessary to raise the dose to the 600-900 mg/day range to obtain an acceptable response. [Note: In the multicenter study providing the primary support for the superiority of clozapine in treatment resistant patients, the mean and median clozapine doses were both approximately 600 mg/day.]

Because of the possibility of increased adverse reactions at higher doses, particularly seizures, patients should ordinarily be given adequate time to respond to a given dose level before escalation to a higher dose is contemplated. clozapine can cause EEG changes, including the occurrence of spike and wave complexes. It lowers the seizures threshold in a dose-dependent manner and may induce myoclonic jerks or generalized seizures. These symptoms may be likely to occur with rapid dose increase and in patients with pre-existing epilepsy. In this case, the dose should be reduced and, if necessary, anticonvulsant treatment initiated.

Dosing should not exceed 900 mg/day.

Because of the significant risk of agranulocytosis and seizure, events which both present a continuing risk over time, the extended treatment of patients failing to show an acceptable level of clinical response should ordinarily be avoided.

### **Maintenance Treatment**

While the maintenance effectiveness of clozapine in schizophrenia is still under study, the effectiveness of maintenance treatment is well established for many other drugs used to treat schizophrenia. It is recommended that responding patients be continued on clozapine, but at the lowest level needed to maintain remission. Because of the significant risk associated with the use of clozapine, patients should be periodically reassessed to determine the need for maintenance treatment.

### **Discontinuation of Treatment**

In the event of planned termination of clozapine therapy, gradual reduction in dose is recommended over a 1-2 week period. However, should a patient's medical condition require abrupt discontinuation (e.g., leukopenia), the patient should be carefully observed for the recurrence of psychotic symptoms and symptoms related to cholinergic rebound such as headache, nausea, vomiting, and diarrhea.

### **Reinitiation of Treatment in Patients Previously Discontinued**

When restarting patients who have had even a brief interval off clozapine, i.e., 2 days or more since the last dose, it is recommended that treatment be reinitiated with one-half of a 25 mg tablet (12.5 mg) once or twice daily (see WARNINGS). If that dose is well tolerated, it may be feasible to titrate patients back to a therapeutic dose more quickly than is recommended for initial treatment. However, any patient who has previously experienced respiratory or cardiac arrest with initial dosing, but was then able to be successfully titrated to a therapeutic dose, should be re-titrated with extreme caution after even 24 hours of discontinuation.

Certain additional precautions seem prudent when reinitiating treatment. The mechanisms underlying clozapine induced adverse reactions are unknown. It is conceivable, however, that re-exposure of a patient might enhance the risk of an untoward event's occurrence and increase its severity. Such phenomena, for example, occur when immune mediated mechanisms are responsible. Consequently, during the reinitiation of treatment, additional

caution is advised. Patients discontinued for WBC counts below 2000/mm<sup>3</sup> or an ANC below 1000/mm<sup>3</sup> must *not* be restarted on clozapine. (See WARNINGS)

**HOW SUPPLIED**

Clozapine tablets are available as 25 mg, 50 mg, and 100 mg round, pale-yellow, uncoated tablets with a facilitated score on one side.

**Clozapine Tablets**

*25 mg*

Debossed with "Mfr's code" on one side and with a facilitated score on the other side:

Bottles of 100    NDC \_\_\_\_\_  
Bottles of 500    NDC \_\_\_\_\_

**Clozapine Tablets**

*50 mg*

Debossed with "Mfr's code" on one side and with a facilitated score on the other side:

Bottles of 100    NDC \_\_\_\_\_  
Bottles of 500    NDC \_\_\_\_\_

**Clozapine Tablets**

*100 mg*

Debossed with "Mfr's code" on one side and with a facilitated score on the other side:

Bottles of 100    NDC \_\_\_\_\_  
Bottles of 500    NDC \_\_\_\_\_

***Store and Dispense***

Storage temperature should not exceed 86°F (30°C). Drug dispensing should not ordinarily exceed a weekly supply. If a patient is eligible for WBC testing every other week, then a two-week supply of clozapine can be dispensed. Dispensing should be contingent upon the results of a WBC count.

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MANUFACTURERS LOGO

Outsert Stock No: \_\_\_\_\_

Iss. Date: Month/Year