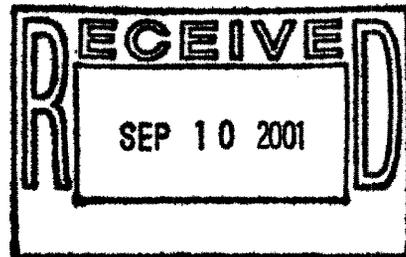


Source Naturals, Inc.
Scotts Valley, CA 95066

August 31, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

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Rec'd
9-10-01
MD



RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Beta Sitosterol Complex, a dietary supplement. Source Naturals® is the manufacturer of Beta Sitosterol Complex.

Statements being made in the labeling of Beta Sitosterol Complex:

1. Phytosterols are natural components of many vegetables and grains. Preliminary scientific evidence suggests that plant phytosterols may help to maintain cholesterol levels already within the normal range.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

A handwritten signature in cursive script that reads "Ira L. Goldberg".

Ira L. Goldberg
President, Source Naturals, Inc.

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