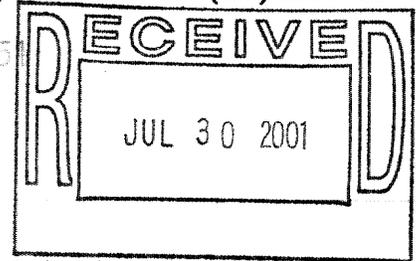




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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July 18, 2001

Office of Nutritional Products/Labeling & Dietary
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-810)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Milk Thistle supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Herbal Authority, Herbal Harvest, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin City and Vitamin World:

- Supports Healthy Liver Function
- Promotes Healthy Liver Function
- Many scientific studies now underscore the ability of Milk Thistle seed extract to help maintain healthy liver function.
- The exceptional benefits of this extract are due to powerful antioxidant properties which help to optimize health and well-being.
- Derived from a purple flower, Milk Thistle helps maintain healthy liver function.
- Milk Thistle may protect the cells of the liver by blocking the entrance of harmful toxins and helping to remove these toxins from the liver cells.
- Milk Thistle acid possesses antioxidant properties that may help neutralize cell-damaging free radicals. Studies have shown that oxidative stress caused by free radicals may contribute to aging.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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