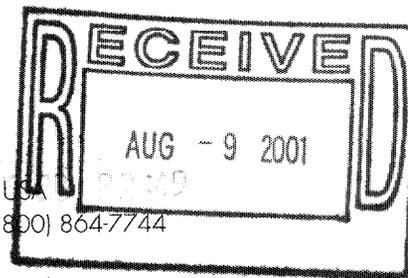




7180 Lampson Avenue, Garden Grove, CA 92841-3914 USA  
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May 30, 2001

Dr. Christine Lewis, Ph.D., Director  
Office of Nutritional Products Labeling and Dietary Supplements  
United States Food and Drug Administration  
200 C Street SW, Washington, DC 20204

Notice of a 403(r)(6) Statement -  
Multiple Statements and Multiple Ingredients

Dr. Lewis,

This letter serves notice that M.K. Health Food Distributors, Inc., dba Nature's Life, located at 7180 Lampson Avenue, Garden Grove, California, 92841, U.S.A. is marketing a dietary supplement whose label bears 403(r)(6) statements as follows:

Promotes Digestion & Bowel Health.

Preparations of Peppermint and Caraway oils have been shown to ease intestinal spasms and significantly reduce gastro-intestinal discomfort.

These carminative herbs help relieve the buildup of excess intestinal gas.

Lemon Balm, Chamomile, Fennel, and Ginger Root have also been shown to possess anti-spasmodic and Carminative properties.

Peppermint leaf oil, caraway seed oil, lemon balm extract, chamomile flower extract, fennel seed extract and ginger root extract are the dietary ingredients that are subject of these statements and PeppermintZ™ Intestinal Aid is the name of the dietary supplement that is the subject of these statements.

Regards & Health,

Karl Riedel

encl: Two Copies of this Notice

cc: M.K., C.M., K.C.

975 0162 LET 8400

**Quality You Can Trust**