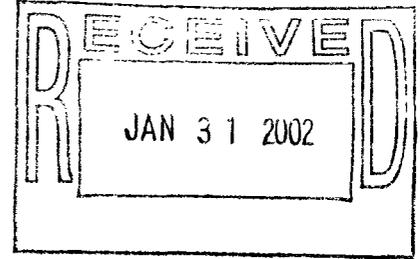




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

2573 102 570 10 2002



Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 23, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on the EFA Complex supplements under the PhysioLogics brand name.

Ingredients: Vitamin E, Flaxseed Oil, Borage Seed Oil, Fish Oil, Oleic Acid, Linoleic Acid, Gamma Linolenic Acid (GLA), Alpha Linolenic Acid, Eicosapentaenoic Acid (EPA), and Docosahexaenoic Acid (DHA).

- Flaxseed oil is just one of three main ingredients that make up EFA Complex, a harmonious blend of oils designed to help provide nutrients for the well-being of the body.
- In addition to Flaxseed oil, EFA Complex contains Borage oil, a rich source of gamma-linolenic acid (GLA) which helps regulate a variety of important functions in the body, and fish oil – a rich source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).
- EPA helps maintain healthy circulation while DHA plays an important role in the brain, eyes and nervous system.
- These three oils provide diverse benefits for overall health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk

97S 0162

LET 9309

79141