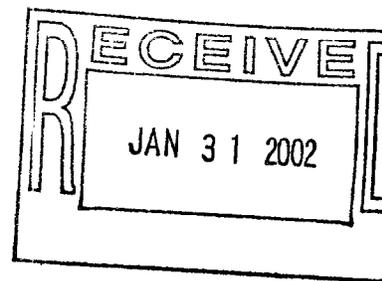




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 3, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Fiber Force-6 supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

Ingredients: Oat Bran, Rice Bran, Apple Pectin Powder, Prune Powder, Peach Fiber, Kidney Bean Legume Fiber, Lactobacillus Acidophilus, Brussels Sprouts, Broccoli, Spinach, Cauliflower, Cabbage and Carrot.

- Fiber Force-6 captures all of the natural advantages of bulk-producing fiber, yet it is so kind to your system that you can use it everyday.
- Fiber Force-6 uses the goodness gleaned from fruits, vegetables and grains to help you maintain your regularity.
- In addition, fiber helps maintain cholesterol levels that are already within the normal range.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk

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