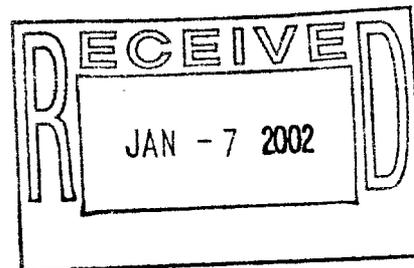




Natural Factors Nutritional Products Inc.

5797 '02 JUN 23 12:31

November 20, 2001



Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Women's MultiStart™ Multi Vitamin

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Women's MultiStart™ Formula is specially formulated with a complete spectrum of vitamins, minerals and herbs to meet a woman's nutritional needs. This all-in-one, nutrient-rich combination offers antioxidant protection, maintains heart health, supports bones and helps regulate hormones.* Fortifying your diet is an important part of a healthy lifestyle.

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050



975-0162

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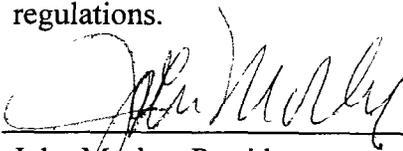
Natural Factors Nutritional Products Inc.

Text of PDP: n/a

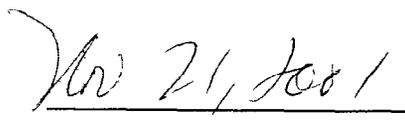
Name of dietary ingredient that is the subject of statement: Multi vitamins/minerals/herbs

Name of dietary supplement: Women's MultiStart™ (Vitamin-A-Day for Women)

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date

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