

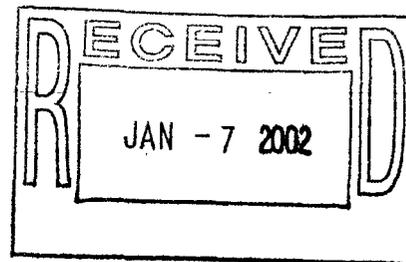


Natural Factors Nutritional Products Inc.

5795 '02 JAN 23 A9:31

November 20, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Calcium & Magnesium

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Natural Factors has combined Calcium & Magnesium Citrates in a one-to-one ratio (125mg each) with potassium and zinc. Calcium ensures strong bones and teeth and is necessary for normal nerve function and muscle contraction. Magnesium is necessary for protein synthesis, carbohydrate metabolism, proper muscle function and helps to absorb calcium and potassium. Potassium works with calcium for nerve impulses and muscle contraction while Zinc supports our body's defenses, healthy skin and reproductive system.* Citrates are extremely well absorbed and well-tolerated by the body, making Natural Factors Calcium and Magnesium capsules an excellent way to get these important minerals.

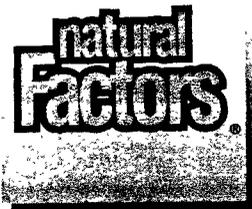
1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050



975-0162

LET 8969

78845



Natural Factors Nutritional Products Inc.

Text of PDP: SUPPORTS HEALTHY BONES AND MUSCLE FUNCTION*

Name of dietary ingredient that is the subject of statement: Calcium & Magnesium Citrate

Name of dietary supplement: Calcium & Magnesium Citrate Plus

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date

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