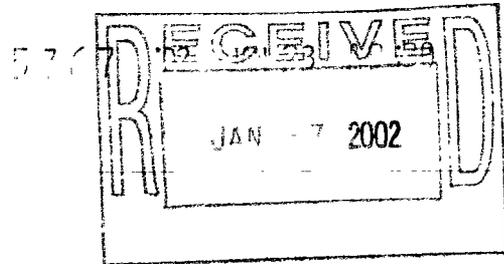


Natural Factors Nutritional Products Inc.



November 15, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Folic Acid

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Natural Factors Folic Acid 1 mg tablets include 20mg of Vitamin C for antioxidant protection. Folic Acid is necessary for cellular reproduction (especially red blood cells), therefore it is especially important during pregnancy for normal fetal development. It also supports the liver, allows the body to use protein and may be important for cardiovascular health.* With today's lifestyle, it is often difficult to get proper nutrition from the daily diet, making Natural Factors Folic Acid tablets your nutritional insurance to fortify your diet.

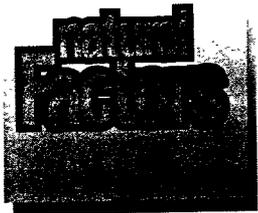
Text of PDP:
1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

SUPPORT FOR THE NERVOUS AND REPRODUCTIVE SYSTEMS*



975-0162

LET 8941 78845

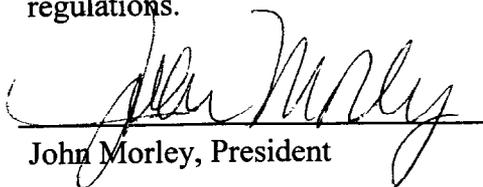


Natural Factors Nutritional Products Inc.

Name of dietary ingredient that is the subject of statement: Folic acid

Name of dietary supplement: Folic Acid 1mg *Plus 20mg C*

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

