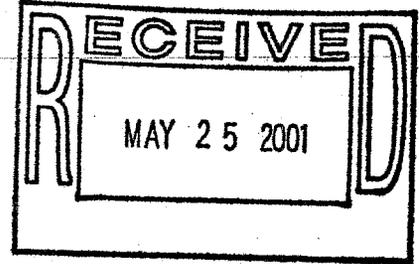


Carlson®

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May 15, 2001



Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson Super C Complex. Carlson Division of J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson Super C Complex.

Statement being made in the labeling of the above mentioned Carlson products:

“Vitamin C is an essential antioxidant nutrient needed for the building of collagen, teeth and gum tissue health and normal functioning of the body’s natural defenses. Bioflavonoids are often found with Vitamin C in foods and support the normal health of blood vessels and capillaries.”

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and the J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By Susan Carlson
Susan Carlson, Vice President

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