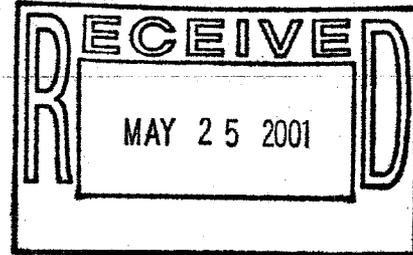


Carlson®

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May 15, 2001



Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson Folic Acid (400mg and 800mg). Carlson Division of J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson Folic Acid.

Statement being made in the labeling of the above mentioned Carlson product:

“Folic Acid is an essential water-soluble B-Complex vitamin needed for synthesis of genetic material, metabolism, and growth. It helps the body normalize homocysteine levels and is important in pregnancy.”

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and the J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By 
Susan Carlson, Vice President

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