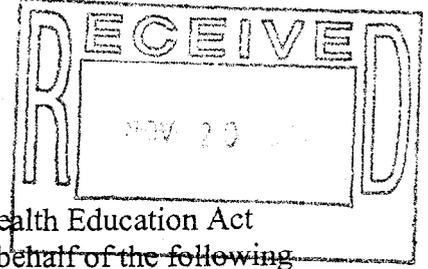


**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA**



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Move Free Osteo Care, Product #11200 & #11201** bearing the statements set out below:

Weider Nutrition International, Inc. -1 11 25
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Vitamin D, Calcium, Glucosamine complex & Chondroitin sulfates** is as follows:

- (Statement 1)** Bottle:
Bone and Joint Care Formula
- (Statement 2)** New Move Free Osteo Care tablets are designed to nutritionally support healthy joints and bones. This unique formula combines joint health nutrients, like Glucosamine and Chondroitin Sulfates, with bone health ingredients Calcium and Vitamin D.
- (Statement 3)** Header Card:
Move Free Osteo Care can help support healthy bones while nourishing the joints. Move Free Osteo Care helps support healthy bones while nourishing the joints. Calcium is needed for normal bone and teeth development. Vitamin D regulates the absorption of Calcium and helps form tooth and bone.
- (Statement 4)** Brochures:
Conveniently formulated for those concerned with both bone and joint health, regular supplementation with Move Free Osteo Care can help maintain proper bone density while nourishing the joints.

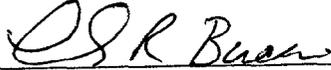
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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of November, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: 
DR. LUKE R. BUCCI
Vice President of Research