

13. November 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

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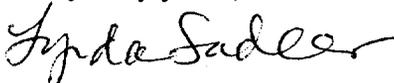
To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, California 95472 hereby notifies the FDA that it is making the following statements covered by the referenced regulation for its;

Smooth Move® Herbal Dietary Supplement containing, in order of predominance, Senna leaf USP (*Cassia angustifolia* Vahl and/or *Cassia senna* L.), Licorice root Ph.Eur. (*Glycyrrhiza* spp.), Sweet Fennel seed Ph.Eur. (*Foeniculum vulgare* Miller, ssp. *vulgare*, var. *dulce* (Miller) Thellung), Sweet Orange peel (*Citrus sinensis* (L.) Osb.), Chinese Cinnamon bark (*Cinnamomum cassia* J. Presl.), Coriander seed Ph.Eur. (*Coriandrum sativum* L. var. *vulgare* Alef. or *Coriandrum sativum* L. var. *microcarpum* D.C.), Ginger rhizome (*Zingiber officinale* Roscoe), Natural Orange flavor (Oil obtained from fresh peel of *Citrus sinensis* (L.) Osbeck), "Overnight Relief of Occasional Constipation," "Stimulant Laxative."

The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

Very truly yours,



Lynda Sadler
President

975-0162

LE+6223