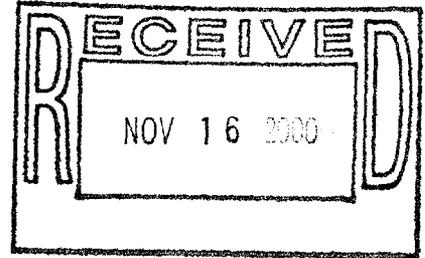


Partners in Health and Beauty
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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



November 10, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Burn N' Build Tablets (dietary ingredients: niacin, vitamin B-6, pantothenic acid, choline bitartrate, inositol, L-arginine, L-ornithine, L-citrulline, L-methionine, taurine, betaine, barberry & L-carnitine). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

A dietary supplement with lipotropic factors to support metabolism.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

975-0162

180 Vanderbilt Motor Parkway, Hauppauge, New York 11788 • 631-232-5400

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